

Las Vegas

Black Image

OCTOBER 2022

FREE

ACES High

The WNBA title comes home to Las Vegas

HISTORIC COLLECTOR'S EDITION

Inside

Raising awareness: African-American women and breast cancer
Not-so-hidden Black history • Relaxing for wellness 'At the Beach'

CELEBRATE OCTOBER HAPPENINGS FOR KIDS, TEENS & FAMILIES AT THE LIBRARY DISTRICT!



Scan here for all events!

FRIGHT NIGHT HAUNTED AISLES

Saturday, October 1 – Monday, October 31
All day during business hours
Windmill Library

HAUNT THE TEEN ZONE!

Monday, October 3
3 p.m. – 5 p.m.
Whitney Library

TEEN GLOW PARTY LOCK-IN

Friday, October 7
5:45 p.m. – 7 p.m.
Sunrise Library

CREEPY CLAY CREATIONS

Wednesday, October 12
2 p.m. – 3 p.m.
Sunrise Library

TEEN LOUNGE: SPOOKY CARDS

Wednesday, October 12
3:30 p.m. – 5:30 p.m.
West Charleston Library

TEENTOBER: MAKE A SPELL BOOK!

Thursday, October 13
2 p.m. – 4 p.m.
West Las Vegas Library

TEENTOBER HAUNTED HOUSE AND PIZZA PARTY

Thursday, October 13
3 p.m. – 6 p.m.
Whitney Library

TEENTOBER THURSDAY: HORROR TRIVIA

Thursday, October 13
4 p.m. – 5:30 p.m.
Sahara West Library

TEENTOBER: FRIGHT NIGHT THEMED CRAFTS

Saturday, October 15
3 p.m. – 5 p.m.
Spring Valley Library

TEEN: SPOOKY BINGO

Thursday, October 20
3 p.m. – 4 p.m.
Windmill Library

FOR THE LITTLE ONES



MUSIC WITH SARA (ENGLISH & SPANISH SONGS!)

Saturday, October 1
11 a.m. – 11:45 a.m.
Whitney Library

Saturday, October 1
4 p.m. – 4:45 p.m.
Windmill Library

SPOOKY TALE PUPPET SHOWS

Tuesday, October 18 & Wednesday,
October 19
5:30 p.m. – 6:30 p.m.
West Las Vegas Library

TRUNK OR TREAT

Wednesday, October 19
4 p.m. – 6 p.m.
Rainbow Library

HAUNTED HARVEST

Saturday, October 22
10 a.m. – 6 p.m.
Centennial Hills Library

TABLES OF TREATS & HAUNTED HOUSE

Tuesday, October 25
5 p.m. – 7 p.m.
Clark County Library

DON'T MISS THIS!

SUMMERLIN LIBRARY OUTDOOR FALL FESTIVAL

Saturday, October 1
10 a.m. – 2 p.m.
Summerlin Library



FAMILY PRIDE DAY 2022

Saturday, October 15
10:30 a.m. – 1:30 p.m.
Clark County Library



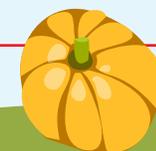
DÍA DE LOS MUERTOS

Saturday, October 29
12 p.m. – 5 p.m.
East Las Vegas Library



TEEN ANIMEFEST

Saturday, October 1
10:30 a.m. – 4 p.m.
Sahara West Library



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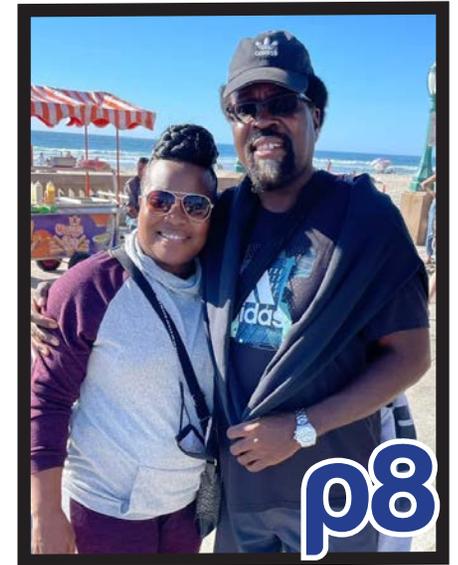
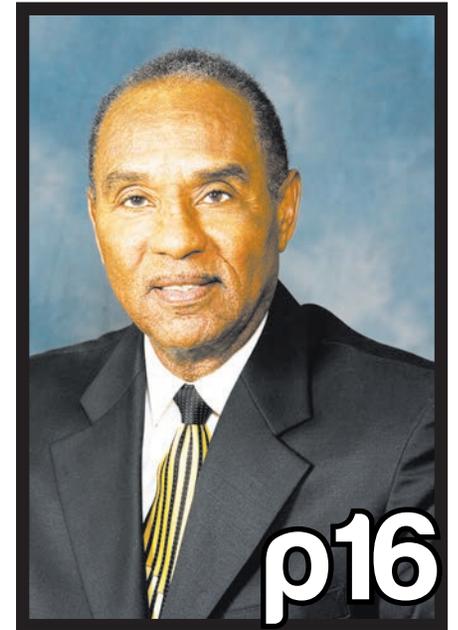
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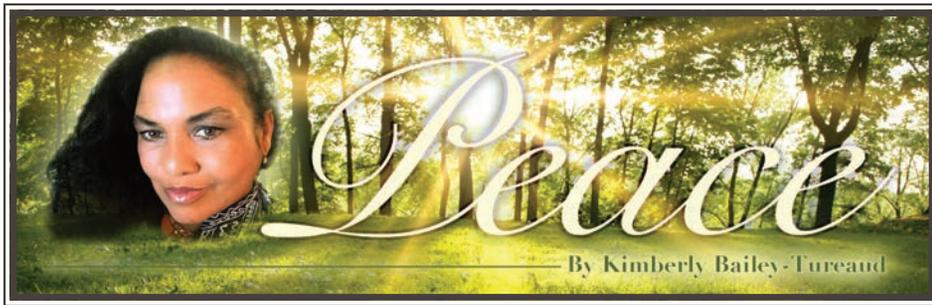
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what's inside:





Life is to be LIVED!

We all are walking through lives that are either foisted upon us or come from our individual souls. The life that is given is the gift. What we do with it depends solely on the choices we make.

The wish for our life is sometimes a dream only realized when our eyes are closed. Yes, it's time to stay woke and make all of our intentions reality for the life we imagine. Good intentions feed actions that fuel our desires — so live a life of intention with the matters-of-fact that can be touched and felt. Everything on this great planet is for everyone to enjoy, and your job is to manifest what is often called “The Good Life.”

Many have a problem: they believe the good in life is measured by material wealth and accumulation — and in doing so, bury their joy.

But on the contrary, the joy that is searched for lies within our souls. We walk with Him. And He only wants us to

see the beauty in all things that are given. Sometimes the good and the bad are lessons to birth gratitude that triggers contentment and serenity. “Thank you, thank you, thank you” is the blanket of love for a warm embrace.

The expectations of the world may not be in alignment with your self-worth. It's okay for you to fellowship with your truth and answer with confidence your decision to make movements in life that make your soul smile.

Tap into emotions that the world tells you to suppress. Feel, laugh, cry, dance, scream, whisper, listen, talk, but most of all BE!

Grow with the power of the universe — ever-changing and with unpredictable joy. Do what you always wanted to do and be who you always wanted to be.

Life is to be lived unapologetically. Let's do this — life is waiting for you!

The joy that is searched for lies within our souls.

This Generation's Task: Save Democracy

By Louie Overstreet

The generation before mine, America's greatest generation, are dying off at the rate of 600 a day. They were tasked with saving the world from tyranny and they completed their task in a magnificent way!

My generation was tasked with promoting and preserving civil and human rights. We got off to a decent start in the 1960s, but as we play through the back nine of life, the jury is still out on how well we managed our task. This is primarily due to the fact we did not heed the saying, “the price of freedom is eternal vigilance.”

This generation's task is to save democracy. Let me tell you, from my vantage point, their grade could well be given out as early as on November 8, 2022.

The present generation gives me the distinct impression that not even an alarm clock can wake them up. Not to make sure they wake up for work on time, but to alert them to the clearest and most present danger since Lincoln stated, “America will not be destroyed from the outside. If we falter and lose our



freedom, it will be because we destroyed ourselves.”

In my self-appointed role of town crier, on occasion I use hyperbolic language to create fear and disagreement among uninformed villagers. However, such is not the case when I cry out that American democracy is at a tipping point in terms of becoming unbalanced due to numerous un-American activities being sanctioned by the rulers of a major political party.

These dogmatists did not exist in the first decade of this millennium; however, their extreme ideology is now fully capable of causing the collapse of our constitutional federal republic.

Preventing this collapse now rests firmly with the present generation, despite their demonstrated lack of any sense of responsibility. As such, democracy could well perish, if typical off-year voter turnout in south of 50%. We need the present generation to create a turnout north of 62% to save our nation from tribalism. No, make that cannibalism.

Preventing this collapse now rests firmly with the present generation

Celebrating Breast Cancer Awareness Month

By Cassandra Cotton, Nathan Adelson Hospice Community Outreach Manager

Celebrating Breast Cancer Awareness Month as a time to educate women about breast cancer and early detection and celebrate the many survivors. Breast cancer survivors and those with breast cancer are encouraged to share their stories.

Every October, people all over the world show their support for everyone affected by breast cancer. Breast cancer is the second



most common cancer among women. Statistics show that around one in eight women in the U.S. will get breast cancer at some point in their lives.

According to Susan G. Komen, an estimated 287,850 new cases of invasive breast cancer are expected to be diag-

nosed in women in the U.S. throughout 2022, along with 51,400 new cases of non-invasive (in situ) breast cancer. About 2,710 new cases of invasive breast cancer are expected to be diagnosed in men in 2022.

University of Las Vegas School of Pub-

lic Health, Division of Health Sciences reports that Southern Nevada had a higher incidence of cancer, more cancer deaths, lower screening rates and lower survival rates than Northern Nevada. Yet, 70 percent of all cancer cases occur in Southern

continued on page 20>>

Legends of the Fall

Autumn is now in full swing and October is Breast Cancer Awareness Month, a moment when Americans are asked to reflect on the importance of staying vigilant about preventative steps that are proven to save lives. Black women are at a particularly high risk for dying of the disease – and that’s why we hope you’ll join us on Oct. 15 for the 5th Annual Las Vegas Caravan for Mammogram. This free event requires only that you submit a registration/entry form in exchange for a bag of car decorations and complimentary lunch at Town Square. For more information, call (702) 810-5631.

Elsewhere in this issue:

- We spotlight House Speaker Nancy Pelosi’s recent stop in Las Vegas, where she joined Congressman Steven Horsford for an eye-opening visit to Acelero

Learning

- Las Vegas Clark County Library District puts a spooky spotlight on Halloween, planning an October full of activities that will be fun for the entire family as part of Executive Director Kelvin Watson’s relentless approach to making the entire community a part of the library family

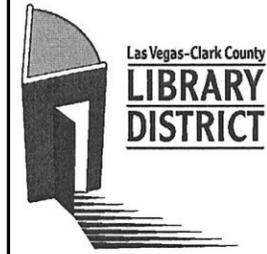
- Highlights from the Las Vegas Black Image Magazine At the Beach fundraiser in La Jolla, Calif.

- And of course, a celebration of the newly-crowned WNBA champion Las Vegas Aces, a team of wonder women who delivered a world title to this amazing city.

Much Love,
*Charles Tureaud &
Kimberly Bailey Tureaud*
CDAlasvegas@gmail.com



Las Vegas Black Image publishers Charles Tureaud and Kimberly Bailey Tureaud



Bid Opportunities and Requests for Proposals

The Las Vegas-Clark County Library District buys millions of dollars worth of goods and services from local vendors each year.

Visit www.lvccld.org/about/ for bid opportunities and requests for proposals. For general information on purchasing and contracts, call 702-507-6200.

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Aces High

Las Vegas' beloved home team excites and inspires

the city by capturing the WNBA championship.

Fan adrenaline is still pumping after the Las Vegas Aces — our city's amazing WNBA team — scored a historic win to capture the franchise's first championship. Their thrilling game four performance sent the Connecticut Sun packing with a 78-71 victory that launched the Aces into the annals of basketball history.

The win capped a historic season that also saw Becky Hammon named Coach of the Year and star power forward A'ja Wilson take home the award for Most Valuable Player — a trifecta of

triumph matched only by the Seattle Storm in 2010.

The Aces were first introduced at a 2017 press conference at the Mandalay Bay Resort — where they play home games at Michelob Ultra Arena — after the team

relocated to Las Vegas from San Antonio. Their extraordinary success mirrors the team's now-ubiquitous motto: "All In."

Supportive ownership, excellent management and world-class coaching soon earned the team wide popularity among local fans, and Las Vegas Black Image Magazine's Taste and Sounds of Soul Festival 2018 was one among the first to recognize the Aces — awarding

them a Black Image Magazine Honor on the Fremont Street Experience for a revolutionary movement to showcase Black women on a professional basketball team in the Silver State.

Today, the Aces' cup runneth over with recognition: Nevada Governor Steve Sisolak declared Las Vegas Aces Day on September 20, 2022, as a championship parade took over The Strip with tens of thousands of fans lining the streets to celebrate their heroes. Meanwhile, Congressman Steven Horsford paid tribute to the team on the floor of the U.S. House of Representatives.

The Aces see this victory as just the beginning of a championship tradition, and they're already eyeing back-to-back Finals appearances and wins. And since this is Las Vegas, only one question remains: Would you bet against them?



photo by Raquel Arnette



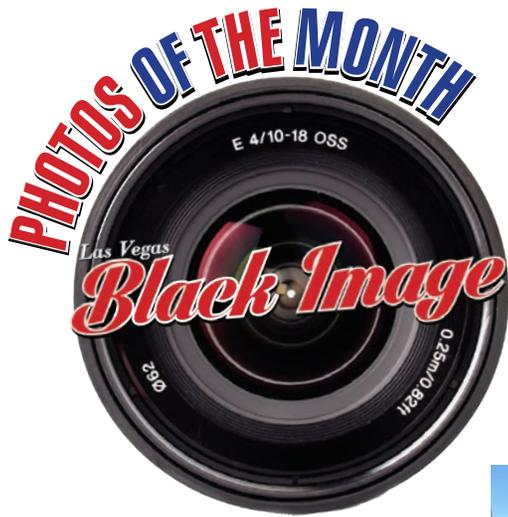
photo by Raquel Arnette

LV Aces president Nikki Fargas



Do you have
SETTLE-ITIS?

Anthem 



Las Vegas Black Image Magazine hosts successful 2022 'At the Beach' Health and Wellness Fundraiser

Las Vegas Black Image Magazine hosted its end-of-summer health and wellness At the Beach fundraiser event recently in La Jolla, California. Many local Vegas residents attended and participated in activities that included: hiking on the beach, yoga, massages on the beach, poolside barbecue, and shop-

ping mall excursion.

"It was a fun-filled weekend and we thank everyone who participated and look forward to another wonderful fundraiser event for 2023," said Las Vegas Black Image Magazine publishers Charles Tureaud and Kimberly Bailey Tureaud.



At the Beach participants Debra Williams and Wayne Wedlow.



Publishers Kimberly and Charles take selfies with participants.



Listening to old school R&B music at the At the Beach bonfire.



Enjoying the At the Beach activities on La Jolla Shores



The At the Beach event focused on wellness.

Re-Elect Briana Johnson!

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Questions? Contact Me:

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 bjohnson4assessor.com



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JOHNSON

Clark County Assessor

Paid for by the Committee to Elect Briana Johnson



POP-UP PRODUCE MARKETS

BONNEVILLE TRANSIT CENTER

OCTOBER 5TH - 1:00 PM
until sold out

SOUTHERN NEVADA HEALTH DISTRICT

OCTOBER 6TH - 9:00 AM
until sold out

Feeding your family affordable nutritious food is possible! Check out a Pop-Up Produce Market near you and take your pick of the season's freshest flavors. Here's something even sweeter—use your SNAP/EBT card and double your money's worth of healthy food.

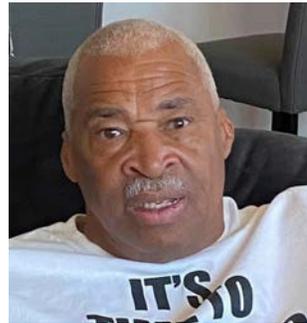


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What would you like Clark County school teachers to know as it relates to teaching our children?



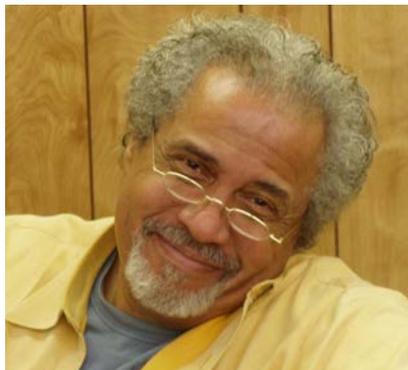
Rickey Ormond

The teachers should respect backgrounds and cultures, understand their students' mental status, and be patient.



Charles McCall

The teachers should find out the children's learning styles and teach to their learning strengths.



Louie Overstreet

Let the children know if they act like fools in school, they will be scratching their unemployed behinds most of their adult lives.



Gerald Mayes

The teachers should know that we see how hard they work — and we know they are underpaid and understaffed. We know that our teachers are doing the best they can. So thank you to all the teachers.



Jackie Cahee

Teachers should let students know that they are in school to learn — not to be on social media.

'When Women Succeed, America Succeeds'

Acelero Learning Hosts Breaking Barriers for Working Women Roundtable in Nevada featuring House Speaker Nancy Pelosi.

Acelero Learning's Strong Start Academy at Lorenzi in Las Vegas hosted a roundtable discussion convened by U.S. Representative Steven Horsford with special guest Speaker of the House Nancy Pelosi, and included Dr. Michael Maxwell, Vice President Acelero Learning Clark County; Tameka Henry, Board Chair Acelero Learning Clark County; and Ashley Dines, Acelero Policy Committee Chairperson, along with other local leaders.

Speaker Pelosi identified Acelero Learning Head Start as a fitting site for this discussion, because "Acelero is a model to the nation — a great example of how to meet the needs of children in a way that's culturally appropriate and give them



Speaker Pelosi and Rep. Horsford visit Acelero

self-esteem as they go forward."

Panelists discussed barriers to women in the workplace — including the pay gap and lack of affordable early childhood education, particularly for women of color. They also presented possible solutions, ranging from universal pre-K to ensuring living wages for early childhood educators, 90% of whom are women.

"There's no better investment than education for the American people. Early childhood education, K-12, higher education, post graduate, and lifetime learning for our workers. It isn't spending, it's investing," Speaker Pelosi said.

Ashley Dines, whose two children attended

continued on page 17 >>

Nevadans Need a Fighter. That's Why I'm Running for Re-election

By Senator Catherine Cortez Masto

I'm a third generation Nevadan who was born and raised here and attended public schools in Las Vegas, and I'll always fight to protect Nevadans.

My family taught me to work hard, be honest, and respect everyone. It is because of my parents' hard work that my sister and I became the first in our family to graduate from college. I went into public service to make sure every Nevadan has that same opportunity.

During my two terms as Nevada's attorney general, I kept our communities safe. I cracked down on crime and human trafficking, protected consumers, stood up for seniors, and worked closely with local law enforcement.

As your senator, I've worked to support our families by lowering costs and creating new, good-paying jobs in Nevada.

To bring down costs, I fought to pass the Inflation Reduction Act. This new law is bringing down health care costs by finally allowing Medicare to negotiate lower prescription drug prices and capping the out-of-



Senator Catherine Cortez Masto

pocket cost of insulin at \$35 per month for seniors. There are thousands of jobs coming to our state

through our bipartisan infrastructure law, which will fix our roads and bridges and connect all of our communities through broadband. Infrastructure isn't just roads and bridges, though – I made sure that legislation included critical funding to combat drought and fund a water recycling program that provides water for 500,000 homes. We can't allow countries overseas to keep taking away American jobs, and that's why I worked to pass legislation to boost American manufacturing, strengthen our domestic supply chain and create more jobs in Nevada.

You don't have to tell me that high gas and housing prices are squeezing Nevada families – that's why I'm pushing for an all-of-the-above approach. That includes standing up to Big Oil companies for rising prices at the pump and holding private equity firms accountable for buying up housing and hiking costs for Nevadans.

I'm running for re-election because Nevadans deserve a senator who will continue to deliver real results for our families. I'm proud to fight for this community – and I always will.

A campaign graphic for Will Rucker. On the left, a blue rounded rectangle contains the text "WILL RUCKER" in large white letters, with "FOR ASSEMBLY DISTRICT 13" below it. Underneath is the website "ELECTWILLRUCKER.COM". Below the graphic, the slogan "MORE HOPE. MORE FREEDOM." is written in red, followed by "Delivering real change & sensible solutions for our community." in red. On the right, a photo of Will Rucker, a man in a blue suit and tie, is shown. A QR code is in the bottom right corner of the photo. At the bottom, a blue bar contains three white checkmarks and the text "Better Schools", "Fairer Economy", and "Healthier Families".

Uniting to defeat breast cancer

By Dr. Annette Mayes OB/GYN

Look forward to seeing you all at the 5th Annual Las Vegas Caravan for Mammogram. The FREE event will be held Oct. 15 in recognition of Breast Cancer Awareness Month. We will be decorating our cars in pink and black at 8 a.m. in the parking lot of my Las Vegas All Women's Care offices at 700 Shadow Lane, before driving in parade formation down the Las Vegas Strip to Town Square for a compli-



mentary lunch. I am so excited to see you!

Our hope is to make it a call-to-action movement for women to be mindful of the importance of breast check-ups.

Experts predict that 36,260 Black women in the United States will receive a new breast cancer diagnosis this year, at the moment when breast cancer causes more deaths among Black women than any other form of cancer. It accounts for 18% of all cancer deaths in this population.

The good news is that the rates of breast cancer deaths have also fallen in recent decades due to improved awareness, screening, and treatment. However, Black women

have benefited less from these improvements than white women. The authors of the American Cancer Society reports largely attribute the gap between white and Black women to structural racism, which is attributed to socioeconomic inequalities.

As a result of the legacy of racist lending practices and other forms of discrimination, Black women are more likely than white women to live in low-income communities and have inadequate insurance.

These factors limit their access to timely and high quality cancer prevention, diagnosis, and treatment services. Compared with white women, Black women are:

- More likely to get a cancer diagnosis once the disease has already spread and become less treatable.

- More likely to experience delays in cancer treatment.

- Less likely to receive recommended cancer care.

Let's come together as a united people to promote breast health and practices to prevent breast cancer.

For additional support, call Las Vegas All Women's Care at (702) 522-9640. Or visit us at 700 Shadow Lane #165 in Las Vegas.

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CATHERINE CORTEZ MASTO

BRINGING IT HOME FOR NEVADANS



COSTS

Passed a bill to allow Medicare to negotiate lower drug prices and to cap the cost of insulin at \$35 for seniors



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**Bringing Breast Cancer Support
and Awareness to Black Women!**

 **5th ANNUAL CARAVAN for
MAMMOGRAM**

Fun, Sisterly Fellowship and Information.
Be a part of the caravan and decorate your car **PINK!**

SATURDAY
October 15, 2022

Meet up with your car in the parking lot at
the office of **Dr. Annette Mayes, OB/GYN**

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- **IT'S FREE TO PARTICIPATE!**
- Meet at 8am to decorate your car with Complimentary Decorations
- Parade of Cars will caravan to the Las Vegas Strip at 10am!

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Travelin' Man: The Legacy of Roosevelt Toston

By Claytee D. White

In my September article, I told you that this month's piece would be about the first Black executive at the Las Vegas Convention and Visitors Authority (LVCVA). As soon as that person — Roosevelt Toston — read Black Image, he sent me a text to let me know he was not the first but the second.

I love that we honor each other this way. Thanks, Roosevelt.

The first Black man who held an executive appointment at The LVCVA as a Tourism Marketing Manager was Otis Harris. His are the shoulders that Roosevelt Toston stood on when he secured a position at the LVCVA in 1975. However, in 1970, years prior to assuming that position, Toston found an ad in the Las



Vegas Voice Newspaper that Channel 3 was looking for a reporter. He applied and was hired. People in the Black community saw a face on television that looked like their own.

When he moved to Channel 8 in about 1973, Toston worked for a while as the news anchor, the first Black anchor in Nevada. But, just around the corner was the dream job that he held for 28 years — promoting Las Vegas as a premier vacation and business destination.

First, was Toston's marketing work in leisure travel.

"At the time, travel agents had significant influence on vacation destina-

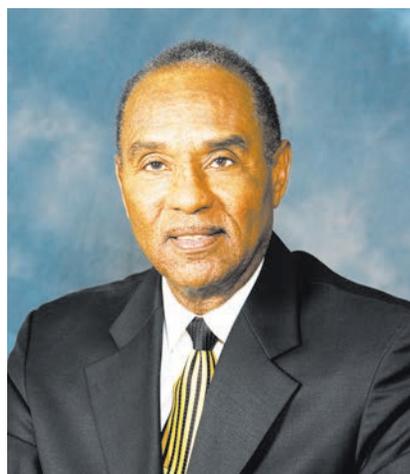
tions." Toston continued telling me about his new position as Tourism Marketing Manager, "So we would wine and dine them and treat them to nice receptions. We went to them. We traveled all over the country and showed nice videos of Las Vegas that included all the things to do and see here."

Because of Toston's background, he was often told that he "gave the best presentations of anybody at the Convention Authority."

This position involved lots of stress because of the busy travel schedule. Toston accepted the opportunity to move to the other side of the house, the convention side. Easy

work, right? Who doesn't want to come to Las Vegas for business meetings? Well, Toston learned that many big companies and organizations sometimes had the opposite idea. Would their employees and members attend events, workshops, seminars, and presentations in Las Vegas — Sin City, the entertainment capital of the world? Toston had to change their minds, and he did that successfully by proving that business attendance was 10 to 15 percent higher in Las Vegas!

Now, Toston is an author. Growing up in Epps, Louisiana, Toston, the son of a sharecropper, has worked in television, as an executive with the LVCVA, and now the writer of a series of books. How did this happen? He tells you in his book: "Beating the Odds in Las Vegas and in Life."



Roosevelt Toston

Don't Fall Victim to Scams

By Craig Kirkland, EVP/Director of Retail Banking, Nevada State Bank

Here at Nevada State Bank, we see scams and attempted scams all the time, and we try our best to make sure our clients don't become victims. Oftentimes, the best defense against fraud is information — knowing what some of the most common schemes are so you can recognize when someone is trying to defraud you. Here are some scams to watch out for. Stay alert!

Romance Scams: These scams have been around for a while, but have taken off with the proliferation of online dat-



ing sites, social media sites, and other online platforms. According to the FTC, romance scams cost their victims \$547 million in 2021, an 80% increase year over year!

People you meet online may sweet-talk you and make you feel wonderful — that's great, but they should not be asking for money! Don't send money to someone you've met online and don't send compromising photos or other information that could be used against you.

Phishing: This is where fraudsters send you messages purporting to be reputable companies like your bank, your credit card company, Amazon or Microsoft, but their goal is obtaining your personal information. They may trick

you into clicking on malicious links that will distribute malware. If you have any questions at all, reach out directly to the company after looking up their contact information online. Visit www.banksneveraskthat.com, a site created by the American Bankers Association, for more advice on this topic.

Fake Checks: Another scheme involves sending someone a check or money order and then asking them to cash it and send back a portion of the money by cashier's check or prepaid gift card. You may receive a check for \$800, send back \$600 and keep the rest. Sounds too good to be true? It is — because it's a scam. Your bank may give you immediate credit on some or all of the check, but after a few days, you may find yourself in trou-

ble when it gets returned as counterfeit.

These are just a few of the ways people are trying to separate you from your money. At the Federal Trade Commission's website (ftc.gov) you can find out more about scams, report fraud or identity theft, sign up for the Do Not Call

Registry, and more. Use the resources available to equip yourself with knowledge.

Be on alert when it comes to your personal and financial information — protect it at all costs!

Craig Kirkland, EVP/Director of Retail Banking for Nevada State Bank, shares insights from his 30-year banking career in Craig's Common Cents. If you'd like to read his other posts, please visit www.ns-bank.com/cents.

YOU! HAVE THE POWER

The Road to Good Water

By Dr. Ellen Brown

When friends Mel Nazlume and Dave Miller of Philadelphia were going through the pandemic, like us all they struggled most with the lack of everyday needs. Mel says she struggled with empty shelves void of necessary foods and beverages as well as favorites she enjoyed. Among their disappointment about access was the reality that an essential such as Water was just not satisfying the needs. Favorite bottled waters were scarce and many times there was a lack of any at all. Mel says that she and Dave, longtime friends,



would often share their frustrations until one day during a conversation their minds met and led them to consider Water as a business venture. "This is Good Water", their Brand, was born in 2020. It comes from Pennsylvania natural springs where it is bottled exclusively for them. Mel and Dave have pledged to give back to the Philadelphia community by sharing their This is Good Water with Philadelphia schools and organizations. I had the privilege of meeting these two entrepreneurs in August at an African American Golf Expo in Charlotte North



Carolina. Mel told me she and Dave drove down with 3,000 bottles of This is Good Water to donate for the 4-day charitable event. When I took my first 'Gulp', I had to read the label to know what kind of water I was drinking! It is truly "Good Water". Mel and Dave also wanted to make a difference that included focus on inner city populations so their donations extend to schools, churches, and other organizations. She acknowledges that it continues to be a challenging task, but they are committed. Their business has

donated to African communities as well as Flint, Michigan during their water crisis. They are working toward distribution throughout the U.S. and looking forward to their one millionth Case.

Mel Nazlume and her longtime friend, Dave Miller are examples of taking an idea, empowering it, and making a difference in their communities. This is the 'Secret' inside "YOU! Having the Power. Learn more about This is Good Water at www.thisisgoodwater.com

Dr. Ellen Brown enjoys writing on political topics that encourage and invite discussion leading to action. She is a retired university educator and Dean. Share your thoughts and ideas - Contact me at ebrown.nci@gmail.com

<< continued from page 10

Acelero Learning schools, serves as chair of the Acelero Policy Committee. "It was really nice to know that the people who run the country understand the challenges of working women," Dines said.

According to Dines, "Without extended day care at the school, I would not have been able to work. Acelero has changed the trajectory of my family's life. Access to high quality education is extremely important to me," said Dines. "As a working mother, you want your child to go to a quality school and provide for them, but that's challenging when you can't afford to provide something that all families deserve."

Dr. Maxwell expressed the need for the federal government to sustain the funds provided by Congress during the pandemic to help the child care industry. "It is necessary for us to raise salaries within the workforce. It is necessary for us to increase access to childcare and early learning," Maxwell said. "And then ultimately, it's necessary for us to support women — period."

After the roundtable, Speaker Pelosi, Representative Horsford and other panelists visited a classroom at the Acelero Learning birth-to-five preschool and affirmed their commitment to Head Start and early childhood education.

"We appreciate Speaker Pelosi and Representative Horsford for their commitment to early childhood education and for recognizing the importance of living wages. It means so much to our families, staff, and community when our elected officials take the time to speak with and visit with the people most directly affected by the work they do in Washington," said Henry Wilde, Acelero Learning CEO.

Acelero, Inc., and its divisions Acelero Learning, Shine Early Learning, and Spark Learning Lab, are pioneers in early childhood education and family engagement services, impacting tens of thousands of children ages birth to five and their families across the country.

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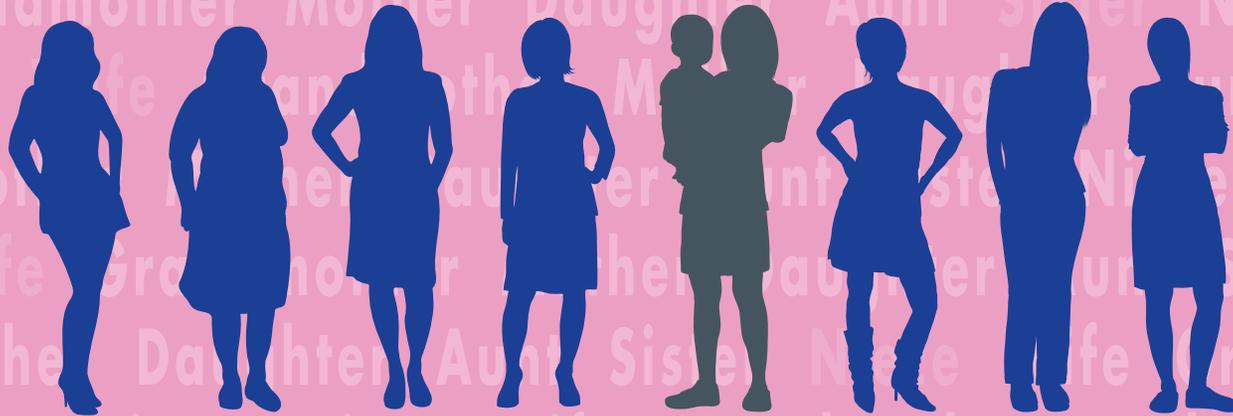
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- The best protection against the flu is to get your flu vaccine each year. It takes 2 weeks for the vaccine to fully protect you. A few tips to remember: practice good handwashing, stay away from others if you're sick, clean and disinfect surfaces, avoid touching your eyes, nose and mouth, cover your cough and sneeze, and wear a mask as recommended.
- Don't confuse the common cold for the flu. The flu is a serious disease. While similar in symptoms, the flu is a highly contagious viral infection of the nose, throat, and lungs. The influenza virus can cause severe illness, more than 200,000 Americans are hospitalized and tens of thousands die every year.
- The vaccine doesn't cause the flu. The flu vaccine contains a dead (inactivated) virus or no flu virus at all. Some people experience side effects, such as soreness or redness where they get the vaccine. The reaction goes away in a day or two.
- People 65 and older are at higher risk of flu-related complications, but those who are young and healthy are vulnerable to getting very sick with the flu too. The CDC recommends everyone 6 months and older get a flu vaccine every year.

FREE or low-cost flu vaccines are offered at community locations across the valley.

For more information call the Southern Nevada Health District at **702-759-0850** or visit **www.snhd.info/flu**.



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Revisit classic '80s fright night films at 'TeenTober'

Drop into your local branch for FREE fun and activities — from escape rooms and lock-ins to trivia nights, zombie parties, movie nights, crafts, and more!

The Library District's annual TeenTober event is taking you back to the 1980s to revisit the decade's classic horror films and villains with an '80s fright night-themed celebration — jam-packed with activities specially designed for teens in grades 6-12. All events are FREE and will take place at most Las Vegas-Clark County Library District neighborhood branches Oct. 1 through Oct 31.

Teens can join in the fun at more than 40 events — such as a "Thriller" Escape Room, a Glow Party Lock-in, "Stranger Things" Trivia, horror film screenings, and themed arts & crafts like homemade slime and creepy terrariums. Plus, don't miss hair-raising reading recommendations from our staff, which will be posted on all of the Library District's social media platforms. Check out #13YAReadsofHalloween starting on Oct. 19, when we will feature a chilling new book each day leading up to Halloween.

Here's just a sample of what we have in store for you during TeenTober's 80s fright Night Visit the Library District website for the full list of events and activities happening at your neighborhood branches all month long:

- TeenTober Haunted House & Pizza

Party, Oct 13 at Whitney Library.

- 80s Thriller Escape Room—Registration is required, Oct at Sahara West Library

- Fright Night Haunted Aisles Oct 1-31 at Windmill Library

- Glow Party Lock-in, Oct 21 at Sunrise Library

- TeenTober Lock-in, Oct. 21 at Moapa Valley Library

- Thriller Dance Lesson, Oct. 20 at Sahara West Library

- Stranger Things Trivia, Oct. 18 at Enterprise Library

- Interactive Movie Night with the film "Beetlejuice," Oct 18 at Centennial Hills Library

- Zombie Party, Oct 21 at West Las Vegas Library

- Origami Pumpkins, Oct 5 at West Charleston Library

- Fright Night Perler Beads, Oct. 8 at Spring Valley Library.

- Make a Spell Book, Oct 13 at West Las Vegas Library

Get social with the Library District: Share your TeenTober experiences with us by posting to Instagram, Twitter, or Facebook and tag us @LVCLD, and use #TeenTober.

<< continued from page 4

Nevada. Additionally, survival rates for breast cancer in Northern Nevada are near 82 percent after four years, which is roughly the national average; in Southern Nevada, survival rates are almost 10 percentage points lower.

Research and growing knowledge about breast cancer has led to new therapies and targeted treatments that improve outcomes for many people and have replaced the one-size-fits-all treatments of three decades ago. It is research that brings hope to patients facing this disease. In addition, we need to ensure

options for patients — especially when treatments stop working.

Palliative Care

Palliative medicine, or palliative care, is specialized medical care focused on relief of the pain, symptoms and stress of a serious illness such as breast cancer. The goal is to improve quality of life for both you and your family. Palliative care is appropriate at any age and at any stage in your illness, and it can be provided along with curative treatment.



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702.954.4777

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702.382.7337

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Las Vegas, NV 89146
702.362.2311

PDC - Professional Development Center*

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Las Vegas, NV 89106
702.486.1460

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* Extended day child care available at this location.

** Early Head Start available at this location.

Southwest Gas Foundation donates \$25,000 to Nevada Plants

Tree-planting initiative to increase shade, reduce temperatures and energy usage in Las Vegas Valley.

Southwest Gas Foundation is making a \$25,000 donation to Nevada Plants — a community-based, tree-planting, advocacy, and education nonprofit agency focused on climate resiliency through tree research, on the ground projects and educational programs that help solve food scarcity and other social, environmental, and economic issues in Nevada's communities. This partnership is a great representation of Southwest Gas' dedication to responsibly advancing sustainable environmental practices, as well as offering community support to decrease greenhouse gas in our atmosphere.

"We are busy planting trees in Nevada." Says Lisa Ortego, founder and executive director of Nevada Plants Community Forestry. "As a new tree-planting nonprofit, our focus is adding fruit trees to our food deserts and native and desert adaptive species in our urban and rural communities to combat the ever-increasing urban heat island. These efforts are critical for residents, for their safety from heat and detrimental air quality. We



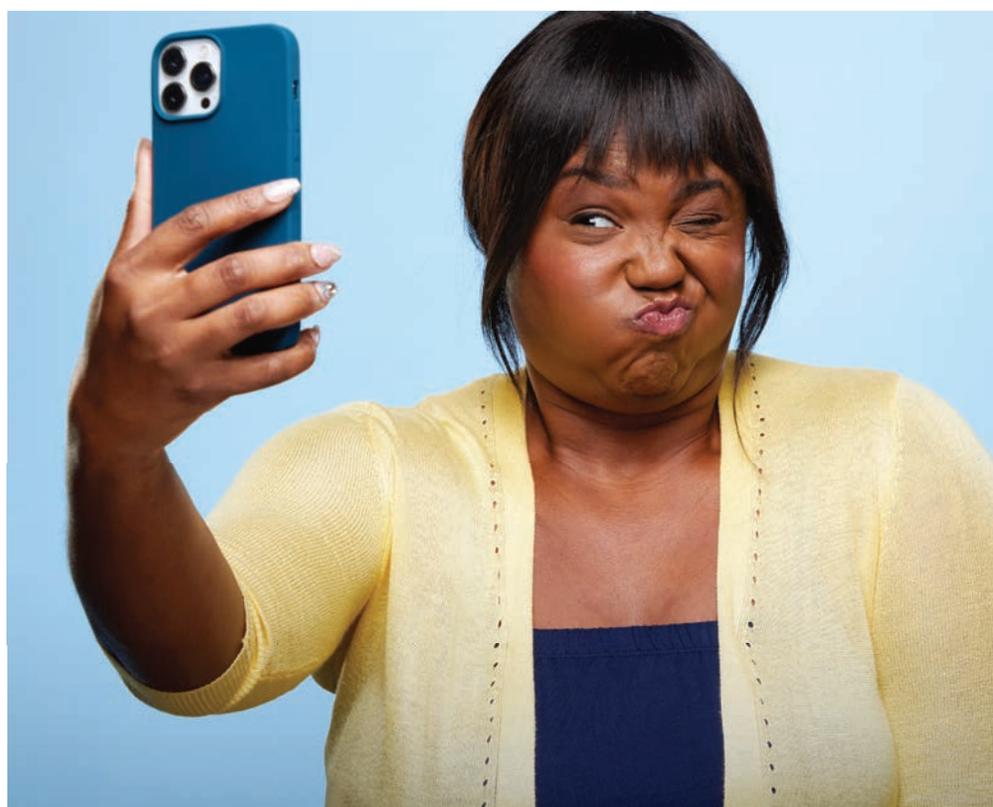
Dwayne McClinton, Senior Legislative Policy Advisor, Southwest Gas; Lisa Ortego, Founder and Executive Director of Nevada Plants; and Laura Nelson, Vice President of Sustainability and Public Policy at Southwest Gas.

cannot do the work without support from our partners. We appreciate Southwest Gas and their commitment to

reducing CO2 and high heat for our communities. We cannot do it without them."

"Southwest Gas makes substantial efforts to partner with our communities on projects that enhance the quality of life in our service territories while providing sustainable, environmentally friendly solutions," said Dr. Laura S. Nelson, vice president of Sustainability and Public Policy. "We expect this donation to provide nearly 1,000 trees throughout Southern Nevada, providing homeowners and neighborhoods with increased shade, cooler temperatures, and improved air quality."

"Southwest Gas embraces the promise of sustainable energy solutions. While we focus on beneficial technologies like renewable natural gas (RING), compressed natural gas (CNG) and hydrogen, it's also important to take natural steps like planting trees in our service areas to help reduce the environmental impact," Nelson said.



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