

Las Vegas

Black Image

SEPTEMBER 2025

FREE



Inside

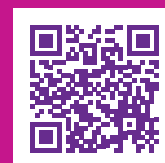
Preparing kids for back-to-school • Cultivating seeds of history in Black cuisine
What are the true consequences of technology?

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EDITING

JAMES CARTER

DESIGN

ADVERTISING

CDA MEDIA

CDALASVEGAS@GMAIL.COM

FOR ADVERTISING INQUIRIES, CALL
(702) 615-8216

CONTRIBUTING WRITERS

DR. ELLEN BROWN

DARRYL L. FORTSON, M.D.

DR. MARGUERITE BRATHWAITE

LOUIS OVERSTREET

PHOTOGRAPHER

CLARK GABRIEL MCCARRELL JR.



Publishers

CHARLES TUREAUD

KIMBERLY BAILEY-TUREAUD

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what's inside:



Doing the Right Thing

By Kimberly Bailey-Tureaud



Options sometimes can be a horrible thing — especially if you don't know or have a reference point from which to choose. Experience is like a compass: study those great people who have gone down a similar path which can reveal right choices in life. Even then, what you select to do might not be the right thing.

As we dive into the righteous memories of our minds — and the exposure to good and respected people we have met — this can also serve as a guiding light. The greatest gumbo of all time is the mixture of all our cultural experiences and encounters that give rise to you.

Our mental eagerness to stay in control can also disrupt or distract from what the universe is trying to teach you. So, as we fish for all the available options in our minds, life's plan might have something else in store.

It is easier for the good to swallow

Flowing with the universal energy that only has a goal to nourish — not control

you if you are like water. Flowing with the universal energy that only has a goal to nourish — not control.

Faith is the ultimate tool at the end of the day. Trusting in all that you are and have done, in some

small way, balances your direction towards a good outcome. The most important thing you can develop is the anchor inside yourself that grounds you — and enables you to move forward by any means necessary.

Live another day of positive productivity, creative innovation, and solitude. We are all visiting and one day will be called home. This is a powerful concept of release and trust that your existence is intentional and there is no mistake.

Peace is there waiting for you to see. While the right things have already been done.

We Can't Let This Be The Time And Place

By Louie Overstreet



The current political leadership of our nation is both covertly and overtly acting to turn back the hands of time in America. It is totally and irreparably harmful to the long-held goal of “forming a more perfect union.”

The pursuit of this goal, as codified in the Preamble to the U.S. Constitution, became the law of the land of a new nation in March 1789. While serving as America's north star, progress for all has been, at best, characterized by fits and starts and at the cost of hundreds of thousands of White and Brown lives as well as millions of Red and Black lives.

Opposition to working to achieve a more perfect union has existed for 236 years and eight months. It is true that a number of presidents have been more receptive to this precept than others; however, this is the first time in my life that the POTUS has been openly hostile to Black people, women, and immigrants, all at the same time.

It is beyond stupid to believe that op-

pressing significant groups within a society. and having this serve as the face of a nation, will somehow be the face democratic societies of the world will accept.

Working to do so is not going to erase the fact that

Black folks have faithfully served in every war this nation has fought, including the one for its freedom. Women's contributions, beyond the significant ones of birthing some of the greatest leaders the world has ever produced, are the linchpin of the family unit. And immigrants coming to America have undertaken the most thankless jobs in our society, contributing mightily to the world's greatest economy.

If we have faith in what should be the fate of our nation, whose very foundation was laid with the understood need that it would be a work in progress (however slow and painful), then we should realize Abe Lincoln had it right, back in 1858, when he stated, “A house divided against itself cannot stand.”

A house divided against itself cannot stand.

Time To Support Power 88's Fall Donation Drive

Power 88 is turning 53 in October — and gearing up for the fall donation drive. Las Vegas' most beloved radio station is calling on local businesses, community partners, and loyal listeners to get ready to support the station you love!

Stay tuned for fun events and exciting ways to give back — but if you can't wait, there are several ways to donate NOW:

- Visit our website at power88lv.com and click on the “DONATE” link. All major credit cards are accepted

- Donate via Cash App at \$KCEPPower88

- Donate over the phone by calling (702) 648-0104. Calls are accepted Monday-Friday from 10 a.m. to 3 p.m.

- Mail a check to: KCEP-FM Power 88, 350 W. Washington Avenue Suite 125, Las Vegas, NV 89106. Make checks payable to “EOB” and write “KCEP-FM Donation” in the memo

Your tax-deductible donation will help us achieve our mission — including sup-

porting programming, operations, ongoing equipment and software technology costs, and necessary upgrades. Thank you in advance for your generous support!

KCEP has broadcast throughout the Las Vegas Valley on its frequency of 88.1 FM and throughout the world, with live on-air streaming via our Power 88 App (you can download the app for free on Google Play or the Apple Store). You can also find us on Facebook at Power88Ve-

gas, Instagram at [newvegaspower88](https://www.instagram.com/newvegaspower88/), and on our website at www.Power88LV.com.

Power 88 provides an eclectic blend of R&B, old-school, hip-hop, jazz, blues and gospel music as well as locally produced public affairs and cultural programs. As a member-supported, non-commercial station, KCEP is proud to be a nonpartisan National Public Radio affiliate radio station and an African American Public Radio Consortium member station.

Ending a season that cometh before the fall

With our children back in school and the summer months drawing to a close, this issue of Las Vegas Black Image Magazine marks a new beginning.

Filled with terrific new opportunities to structure time on a progressive level, we visit with some of our wonderful community youth who came out to the Nevada Partners Back to School Fair. Many students received wonderful school supplies and also a FREE dental screening compliments of Silver State Smiles and Silverstateclub.com.

We feel the excitement in the air for the upcoming Las Vegas City of Lights SoulFest that will take place September 20 and 21 at the Clark County Government Amphitheater. Some of the best in music will highlight the event, including violinist Damien Escobar, Kindred

the Family Soul, Howard Hewett, Marion Meadows, Lalah Hathaway, Musiq Soulchild and many more.

Our special images of the sold-out stage play, “Miss Hattie’s Porch,” will delight you — as will an intimate photo essay capturing this year’s Valley View Reunion.

How are you LIVING? This special section reminds us that everything within your home sends a message. For example: cozy, colorful pillows that display heartfelt words can help make a house a home. We also share a timeless recipe for collard greens — a culinary touchpoint for the resilience to be found throughout Black history.

We hope that our sistas will take part in the 8th Annual Caravan for Mammogram. Please call (702) 615-8216 today to

receive your signup form for this free event. Thank you to Steinberg Diagnostics for offering FREE breast exams this year for those ladies who desire to have one.

Many thanks to our excellent contributing writers, creative executive publishing team, and wonderful advertisers who give you a voice each month with Las Vegas Black Image.

And of course, our deepest thanks go to all of you: our loyal readers and supporters of Las Vegas Black Image. We’d love to hear from you — send story ideas to cdalasvegas@gmail.com.

Rise,

*Charles Tureaud &
Kimberly Bailey Tureaud
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Charles Tureaud and Kimberly Bailey Tureaud

FOLLOW FALL

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SEPT-OCT

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2 

DAYS A WEEK

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SOUL PROPRIETORS

Joe Thomas, Lalah Hathaway, Musiq Soulchild to headline 1st Annual Las Vegas City of Lights SoulFest on September 20, 21 at the Clark County Government Amphitheatre.



The lineup has been announced for the 1st Annual Las Vegas City of Lights SoulFest, coming September 20 and 21 to Clark County Government Amphitheatre. R&B vocalist Joe Thomas will headline the festival on Saturday night, and five-time Grammy winner Lalah Hathaway will join Musiq Soulchild on Sunday evening.

The 2025 lineup also features show-stopping jazz violinist Damien Escobar, as well as many fan favorites in the genres of soul music, jazz and R&B including Kindred the Family Soul, Howard Hewett, Marion Meadows, Marcus Anderson, Anthony David, Erin Stevenson and DJ Spark.

VIP and general admission tickets are on sale now at LasVegasSoulFest.com.

City of Lights SoulFest is produced by the same team that delivers the City of Lights Jazz and R&B Festival in April each year. Established in 1994, the City of Lights Jazz and R&B Festival is recognized as the longest-running music festival in Las Vegas, and past performers have included Chaka Khan, KEM, Brian Culbertson, Ledisi, October London, Hugh Masekela, George Duke, Morris Day & The Time, and many others.

Throughout the grounds of the event, there will be a collection of food vendors, a strolling shopping mall

with various vendors, VIP hospitality, and multiple beverage locations. Parking is free for all attendees. Patrons are allowed to bring in picnic baskets (not longer than 26"), chairs, and blankets. No glass is permitted.

Built in 1995, the Clark County Government Amphitheatre has been the longtime home to these festivals. The Amphitheatre features sandstone walls, rings of shade trees, and a 280-foot diameter, circular lawn setting. In 2020, the American Institute of Architects recognized the Government Center with its "25 Year Award" for influencing design and style in the Western U.S.



Marion Meadows



Musiq Soulchild



Howard Hewett



Lalah Hathaway

(LAS VEGAS) City of Lights
Soul Fest
SEPTEMBER 20 & 21, 2025



Kindred The Family Soul



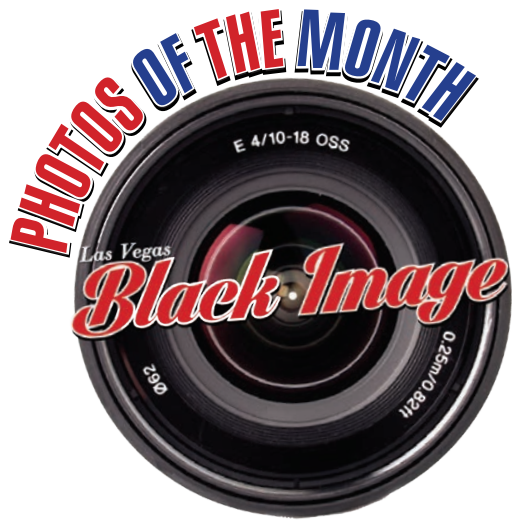
Damien Escobar



Joe Thomas



Anthony David



Delisa Macklin celebrates her granddaughter A'Kirra's birthday.



Henderson Councilwoman Dr. Monica Larson attends the Injured Police Officers Fund—Heroes Live Forever Awards Ceremony.



Bruce Eddins' mother, Mama Gloria



Entertainer Clint Holmes receives the key to the City of Las Vegas



Kamara Bowen celebrates her daughter's creativity and talent with a little mother and daughter time.



Lauren Myree and her fiancé Matthew Williams enjoying an Aces game



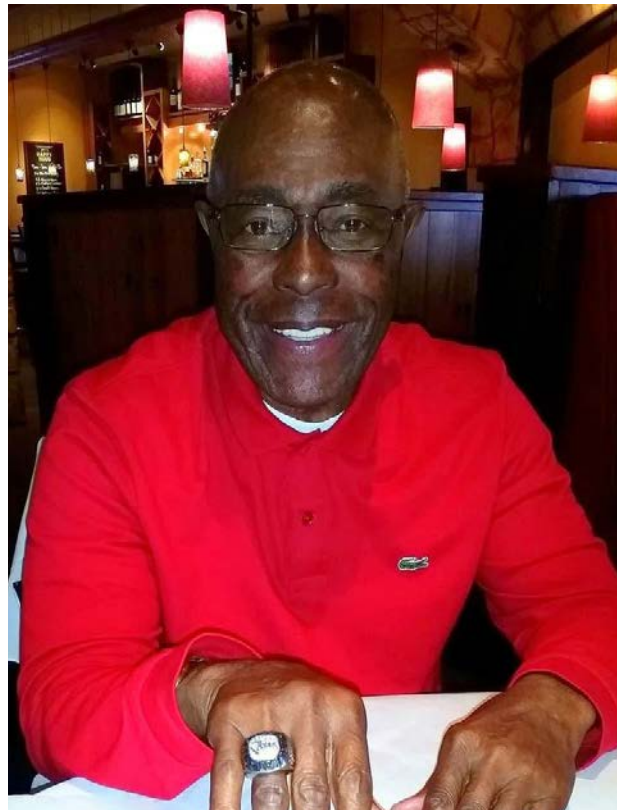
Ms. Maddie Brewer celebrated her 91st birthday.



Reggie Dunlap and wife Venus love to catch the Aces games.



Minnie Fox had a star-studded birthday celebration



Remembering Mr. Bill Williams, who recently passed at 92. He was a teacher, officiated for 50 years and is in the NIAA Hall of Fame. The Doolittle auxiliary gym is named after him

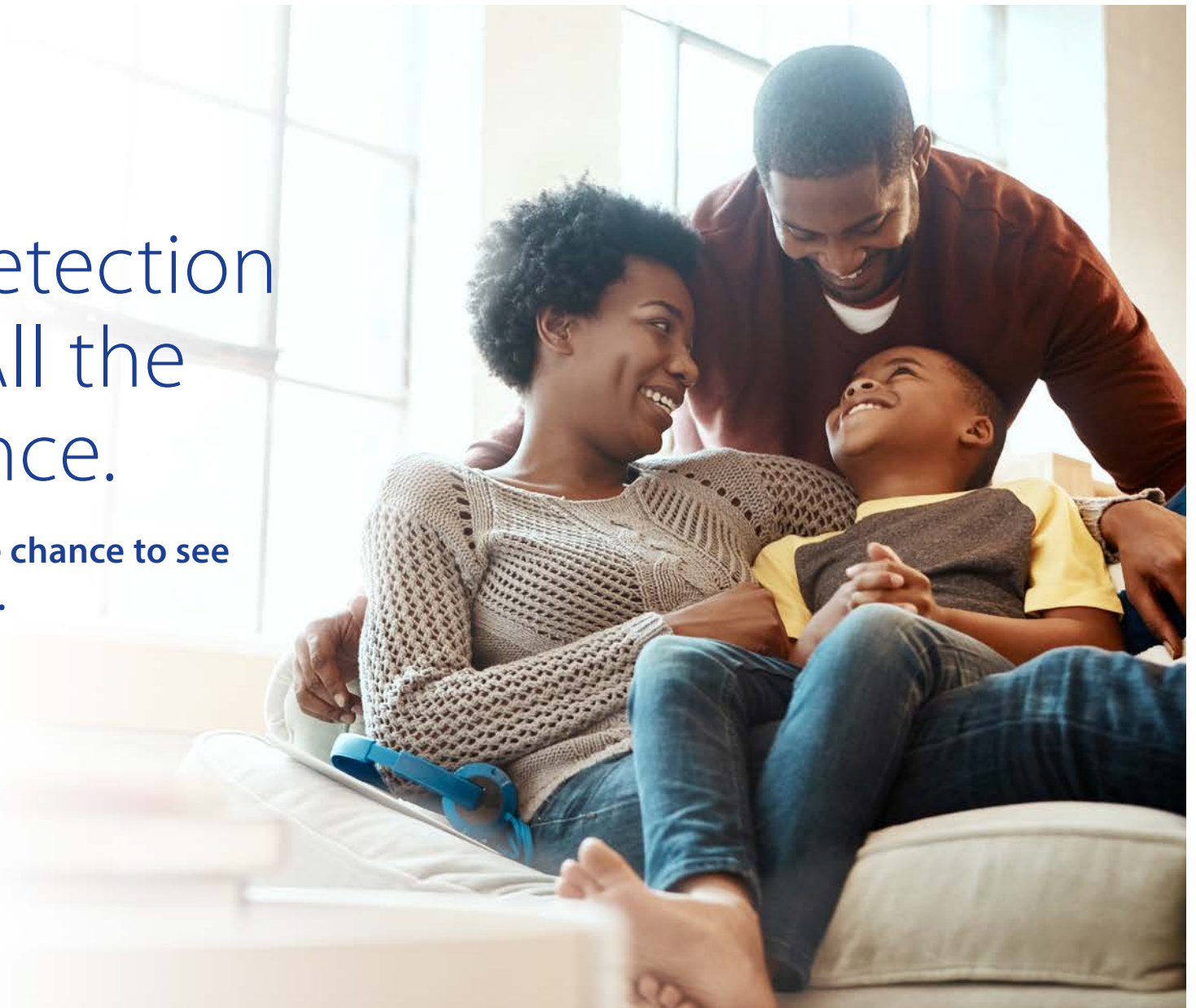


Safiya Fletcher enjoying dinner with her family



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16th Street Baptist Church, Birmingham, Alabama

By Claytee D. White

Addie Mae Collins, Denise McNair, Carole Robertson, and Cynthia Wesley were murdered when their church was bombed on September 15, 1963. The large, prominent edifice, 16th Street Baptist Church is located downtown near Birmingham's commercial district and City Hall. Built in 1911, this sanctuary served as the headquarters for civil rights mass meetings and rallies.



At one time, Birmingham was the most segregated city in the United States. (I wonder how that fact was documented.) Las Vegas was segregated to the extent that most, if not all Blacks lived on the Westside gradually moving into North Las Vegas before integration took place in 1960.

Birmingham's focused desegregation campaign had taken place in the spring of 1963 and was a vicious fight. Students ranging from 8 years of age to eighteen were met by police who arrested thousands of children. The Sunday of the bombing was Youth Day at the church. I imagine that the excitement tinged with jittery nerves must have been thick in the air as young people prepared to take part in the adult service.

That program never happened — because just before 11 a.m., the time of Baptist services throughout most of the South during that time period, congregants were knocked to the floor. A bomb, planted by the KKK, exploded under the steps of the church.

The four young ladies — three of them 14 years of age, and one of them 9 — were

in the basement. They died there.

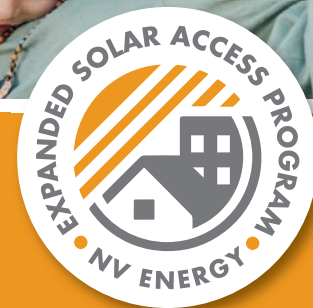
Because of national politics and the FBI under J. Edgar Hoover, their murderers were not brought to justice until Robert Chambliss was convicted in 1977, Thomas Blanton in 2001, and Bobby Frank Cherry in 2002. Herman Cash died in 1994 having never been prosecuted for the murders.

This Birmingham campaign, like numerous others during the Civil Rights Movement, was staged to address issues that we have forgotten but may be on the verge of returning to if the country does not reawaken. Civil rights leaders pressured business owners to open employment to all races, urged school systems and city officials to end segregation, and fought to allow all to register and vote. Sit-ins and marches provoked mass arrests. When jails filled up, the police brought out water hoses and attack dogs. These efforts resulted in the ouster of the city Commissioner of Public Safety, Eugene "Bull" Connor, and ushered in the desegregation of public accommodations. And above all, paved the way for the Civil Rights Act of 1964 that prohibited racial discrimination throughout the country.

Las Vegas was in the midst of the desegregation of public accommodations as well but achieved that goal in 1960, over three years before the national Civil Rights Act. Black leaders threatened a march on the Strip, negotiated with organized crime and government officials for two weeks, and the doors opened. But this mandate occurred after small steps by activists, entertainers, and the Black community began at the dawn of the city. However, equal hiring practices did not begin until 1971 with the enforcement of the federal consent decree filed by Nevada's first Black attorney, Charles Kellar.

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What Does the New Age of Technology Bring to the Community?



Kathy Lattimore

Technology helps tremendously. As long as it stays current. Sometimes our community is the last to get modern technology, so by the time we get it, they have moved on to something else. By then, we are playing catch up.



Andrew Thomas

Technology brings out new ways to communicate with each other, and helps make the community work in a positive light. Making it easier for us to make a change. I mean babies have cell phones now!



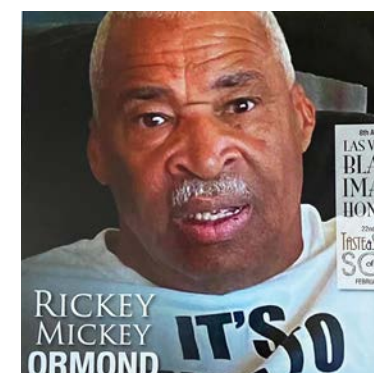
Delisa Macklin

Technology is wonderful only if there is inclusion with the continuous development of AI. Our culture must translate to AI as contributors.



Marsha Kimble-Simms

Technology is good when the infrastructure is there, meaning, "Did they put in the proper digital wiring for the community to access this?" Many times, it is old wiring.



Rickey Mickey Ormond

Technology gives faster results.

Silver State Smiles give students free dental checks

Nevada Partners recently held its Annual "Back-to-School Fair," and over 1,600 Southern Nevada students attended and received school supplies and backpacks. Noted as one of the largest community service programs in Clark County, Nevada Partners hosted Silver State Smiles dental professionals during the back-to-school fair whereby students and parents received free dental screenings.

Students took part in the Silver State Smiles dental screenings after meeting the wonderful dentists who

explained best practices for dental health. Parents received information about their children's dental needs and the affordable "Silver State Club" dental insurance that guarantees quality and comprehensive dental care.

With nine Silver State Smiles dental practices in Southern Nevada (including Henderson), families were delighted to learn that dental care for their children would be consistent and convenient.

For more information, visit SilverStateSmiles.com or call (702) 470-1775.





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SEPT 4 | 5:30PM @ Centennial Hills Library

SEPT 6 | 10AM Canyon Ridge Church

SEPT 9 | 5PM @ Sahara West Library

SEPT 11 | 6PM @ Child Haven *Spanish

SEPT 13 | 10AM @ Aliante Library

SEPT 16 | 5:30PM @ Nevada Partners

SEPT 18 | 5:30PM @ Veteran's Memorial Community Center

SEPT 20 | 10AM @ Hope Church

SEPT 23 | 6PM @ Child Haven

SEPT 25 | 6PM @ Boulder City Library

SEPT 27 | 10AM @ Spring Valley Baptist Church

SEPT 30 | 5:30PM @ Black Mountain Recreation Center

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Scan the QR & sign up for an information session today.



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Las Vegas Black Image

LIVING

Las Vegas Black Image is thrilled to introduce *LIVING*, a new section dedicated to celebrating the most creative ways to enjoy one's life through food, home, and the great outdoors.

"A House is a Home" Home decor that brings light, love, and peace to your household, complements your lifestyle, and sparks a "living out loud" existence.

"Planting Your Seeds" is a space for rejoicing through gardening, relaxation, or grounding oneself in nature.

"Food for The Soul" brings the most flavorful home-cooked recipes, with meals that will fill your loved ones' bellies, put smiles on their faces, and bring joy to their hearts.

A HOUSE IS A HOME

Words of inspiration can bring it all home

As we add wonderful décor to our homes, it's important to think about what inspires.

There are so many incalculable gifts that can be received by items (paintings, pillows, and pictures) that offer words or images of inspiration — messages that you hope will be embraced by all who enter your home.

Guests and family will remember special designs or words displayed in your home and they will serve as gifts that keep on giving.



PLANTING YOUR SEEDS

Growing collard greens' ties to our history

It is close to that time for planting those collard green seeds. Las Vegas resident Delisa Macklin is carrying on traditions for gardening collards that have been passed down by her relatives.

According to Macklin, collard green seeds are traditionally planted in the fall when the weather is cooler. But we must also remind ourselves that collard greens represent significant Black history that originated in Africa and spread throughout the diaspora.

Yes, enslaved Africans brought the collard green seeds to the Americas and cultivated them as a resilient, accessible food source. Collard greens became a symbol of soul food — embodying heritage, comfort, and survival. It was often prepared with scraps of meat for flavor and nutrition, and its broth, pot liquor, was a valuable tonic.



FOOD FOR THE SOUL

Cooking collards with flavorful tradition

The tradition of cooking and eating collard greens connects to our African roots — symbolizing wealth and good luck in the new year, and remaining a vital part of Black cultural identity. Here's a delicious recipe that everyone can enjoy.

INGREDIENTS

- Collard Greens (cleaned and chopped with stems removed)
- Mustard Greens (cleaned and chopped)
- Kale (cleaned and chopped)
- Turnip Greens (cleaned and chopped)
- 1 Large white onion

- Garlic powder, 2 tablespoons
- Smoked turkey leg or drum legs
- Onion powder, 2 tablespoons
- Pink kosher salt, 2 teaspoons
- Pepper, 2 teaspoons
- Bay leaves (4)
- Cheyenne pepper to taste
- Chicken stock (6 cups)

- Red Pepper (1)
- Green Pepper (1)
- Yellow Pepper (1)
- Orange Pepper (1)
- 4 cloves of garlic
- 3 cut Shallots
- Garlic paste
- Olive oil (2 tablespoons)

DIRECTIONS

Cut up all your greens and soak in a big bowl or your kitchen sink. Make sure all the greens are thoroughly cleaned and transfer your greens in and out of water until the water is clear.

Let greens remain in water to soak while you prepare other ingredients.

In a large pot, pour in your chicken stock and add your cut-up onion, bay leaves, and seasonings.

Add your smoked turkey in the pot and cook on medium. In a separate firing pan add olive oil and garlic paste. When hot add your cut-up peppers, shallots, garlic cloves and seasonings to taste. Sauté

until vegetables are tender and flavors unite. Add to smoked turkey in the large pot. Add your mixed greens and cook on low heat for 2 hours or even longer. The greens are ready to be eaten when tender.

And don't forget to make a side of cornbread.



Under the Glittering Lights

Audiences thrilled by 'Miss Hattie's Porch'

Playwright Stanley Jackson recently showcased his hit musical, "Miss Hattie's Porch," to a sellout crowd at the Clark County Library Main Theater. Over

750 people attended the masterful stage production — which the Nevada Arts Council called "a touching homage to the spirit of community, bridging the past and

present through the universal themes of love, faith, and the strength found in togetherness."



Playwright Stanley Jackson



Sold out show at Clark County Library for "Miss Hattie's Porch."



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99 Reasons 'To Stay Positive and Appreciate All You Have'

Las Vegas icon
Anna Bailey marks a
milestone birthday!

There was an enormous milestone celebrated on August 26: Las Vegas icon Anna Bailey celebrated her 99th birthday.

She is admired for her many accomplishments, which include being: one of the original dancers at the historic Moulin Rouge Hotel and Casino, the first integrated hotel in the country; the first Black woman dancer on Las Vegas Strip, having also performed at the historic Apollo Theater; a businesswoman, landowner, and Girl Scouts leader for one of the first all-Black troops in Las Vegas; an original founder of the local Links organization chapter; a producer of the first dance TV show in Las Vegas, "Disco Express"; and so much more.

She was married to Dr. William H. "Bob" Bailey before his passing in 2014, and mother to Kimberly Bailey Tureaud and John Bailey.

Born in Savannah, Georgia in 1926, Bailey grew up in the Bedford-Stuyvesant section of Brooklyn, New York. She has appeared in Oprah's Daily Magazine and recently danced in the Follies Stage Production honoring historic showgirls of Las Vegas.

According to Bailey, her secret to longevity is, "To stay positive and appreciate all you have."

Happy birthday, Anna Bailey!



Anna Bailey and husband Dr. William H. "Bob" Bailey at their wedding

She is admired for her many accomplishments, which include being: one of the original dancers at the historic Moulin Rouge Hotel and Casino

Stronger Together: Parents + Teachers + Community = Student Success



By Cherelle Williams Espinoza and Myron Mingo

The back-to-school season always brings excitement, fresh opportunities, and — let's be honest — a bit of chaos. Between adjusting to new schedules, after-school activities, and bedtime routines, both parents and teachers are asking the same question: How can we work together to set students up for a successful year?



Parents: Setting the Stage at Home

Success in the classroom starts long before the first bell rings. Children need the basics — a nutritious breakfast, the right supplies, and, most importantly, quality sleep — to thrive during the school day.

The American Academy of Pediatrics recommends 9-12 hours of sleep for school-aged children, yet studies from the CDC show many fall short. Inadequate sleep doesn't just make kids groggy — it can contribute to behavior challenges, difficulty focusing, and even long-term health concerns such as obesity and ADHD.

The good news? A consistent bedtime routine can make a world of difference. Parents should create a wind-down ritual that signals "it's time for sleep" and helps kids reset for the next day. And don't forget the power of communication: staying connected with your child's teacher can help identify and address academic or behavior concerns early on. Research is clear — parental involvement has a positive impact on academic achievement.

Teachers: Building Bridges at School
For educators, the classroom is more

than a learning space — it's often a lifeline. Students arrive with unique backgrounds and challenges, from single-parent households to experiences with poverty or the foster care system. These circumstances can make it harder for families to provide essentials like school supplies or meals, leaving schools as a critical support system.

That's why building relationships and open communication is key. Teachers should get to know their students' needs, reach out to families, and, when necessary, connect students with wraparound services.

If a student struggles academically, collaboration with counselors or the special education team may be needed to explore supports such as an IEP or 504 Plan. Every conversation, every partnership matters — because no student's journey should be walked alone.

Community & Resources: Knowing When to Reach Out

Parents and teachers don't have to do it all alone. Knowing when — and where — to ask for help can build resilience for students and families alike. At Mingo Health Solutions, families have access to a wide range of supports designed to make the back-to-school transition smoother.

Counseling services are available for children experiencing stress, anxiety, or difficulty adjusting to new routines. For students who need extra academic or behavioral support, MHS offers guidance with the IEP and 504 process, helping parents navigate school systems and advocate for their child's needs.

Skills coaching and parent workshops provide practical tools for building routines, improving communication, and developing healthy coping strategies at home. When challenges like food insecurity, transportation, or school supplies arise, MHS has community health workers available to connect families

with community resources and coordinate with teachers to ensure no student is left behind. By combining counseling, IEP/504 support, parent education, and wraparound services, Mingo Health Solutions helps families feel equipped, supported, and ready to thrive throughout the school year.

The bottom line: Back-to-school season works best when it's a team effort.

With parents providing consistency at home, teachers fostering connections at school, and communities offering support when needed, we create the strongest foundation for every student to thrive.

Please donate to Solutions of Change at www.solutionsofchange.org (a non profit organization providing free and low cost therapy for those who don't have insurance or can't afford it.)



SEPTEMBER IS NATIONAL SUICIDE AWARENESS MONTH

Join us for a panel on suicide awareness, where experts will discuss warning signs, share resources, and strategies to save lives.



SARITHA FARRIS
Owner of Illuminated Path LLC.
Saritha is a LCSW who specializes in trauma focused mental health offering multiple treatment modalities, education, and crisis support for all ages.



ALPHONSO GIBBS JR.
Community Engagement Partnership Coordinator
Alphonso is an LCSW and works for Veteran Affairs. He specializes in suicide prevention with adults, youth, & families with mental illness.



ELIZABETH SANTA-CRUZ
Director of New Horizons Preschool
Elizabeth has over 25 years in early childhood education. She has partnered with the City of Las Vegas and others to bring more resources and support families within the school system.



HOSTED BY THERESA ZAVALA
MHS Community Health Worker

At Mariposa Cocina,
2575 S Decatur Blvd.
Spring Valley, NV 89102
On September 24, 2025 from 4:30 - 7:00 pm

‘This is How We View It’

A photo essay by Terra Ishmael captures the richness of the 15th annual reunion for residents of the Valley View community.

Look at the smiling faces: longtime residents and homeowners of the legendary community gathered for the 15th Annual Valley View Reunion. Under the theme of “This is How

We View It,” community members who grew up in the historic neighborhood came together to enjoy a delicious potluck and engaging fellowship.



Steinberg Diagnostics Joins Caravan for Mammogram

FREE Breast Screenings for Caravan Participants

Las Vegas Black Image will host the 8th Annual Las Vegas Caravan for Mammogram, a free event taking place October 4 in the Valley Hospital parking lot at 700 Shadow Lane. The festivities begin at 8 a.m.

Las Vegas Caravan for Mammogram was founded by Las Vegas Black Image publisher Kimberly Bailey Tureaud, a longtime advocate for preventative health care.

“Every study shows that Black women die disproportionately from breast cancer, and early detection is critical to defeating and surviving this terrible disease” says Bailey Tureaud. “We are determined to remind women in our community to take care of their breast health and be proactive with preventive measures.”

This year’s Caravan for Mammogram will also feature an important addition: for the first time, Steinberg Diagnostics will provide FREE breast screenings for those who wish to take advantage of this wonderful offer. Ladies who wish to take

part in the breast screenings must bring an official medical order from their personal OB-GYN to the event.

More than 200 Black women come together each October for the Las Vegas Caravan for Mammogram, gathering to decorate their cars in pink for Breast Cancer Awareness Month. The ladies drive their cars and caravan down the Las Vegas Strip in parade formation to remind all women to take care of their breast health with annual mammograms and medical checkups.

There is no cost for participating in Caravan for Mammogram, and all participating ladies will receive a big pink bag full of decorations to decorate their cars. There will also be a wonderful free lunch at the end of the caravan, where participants and community members can dine together and network.

If you are interested in participating in the 8th Annual Las Vegas Caravan for Mammogram, get your free entry form by calling (702) 810-5631 or sending an email to cdalasvegas@gmail.com.

Bringing Breast Cancer Support and Awareness to Black Women!

FREE 8th ANNUAL CARAVAN for MAMMOGRAM

Fun, Sisterly Fellowship and Information. Be a part of the caravan and decorate your car **PINK!**

SATURDAY OCTOBER 4, 2025 | 8am

Meet up with your car in the parking lot at **700 Shadow Lane, Las Vegas NV 89106** by the Valley Hospital Emergency entrance.

- **IT'S FREE TO PARTICIPATE!**
- Meet at 8am to decorate your car with Complimentary Decorations
- Parade of Cars will caravan to the Las Vegas Strip from 10:30am-2:00pm!

HOSTED BY
Marguerite Brathwaite
MD, F.A.C.O.G.
Innovative Women's Care

For more information call **702-615-8216**

PRESENTED BY **Las Vegas Valley Hospital Medical Center** and **Black Image**

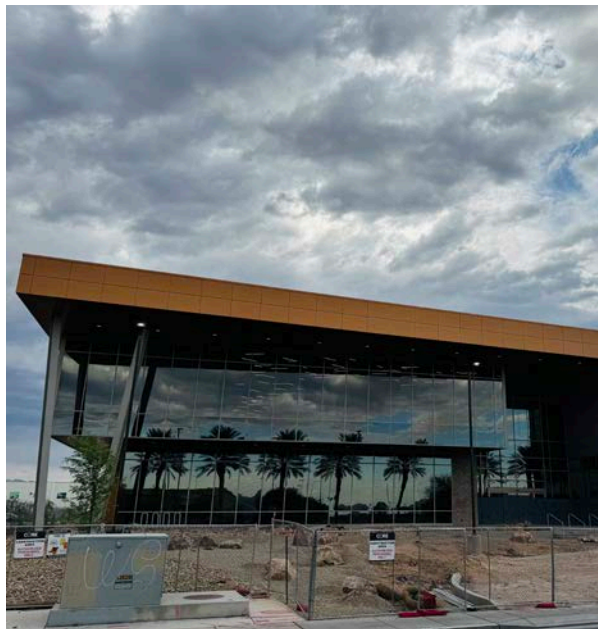


Community Leaders Tour New Library on MLK!

The Executive Director of the Las Vegas Clark County Library District, Kelvin Watson and John Vino, general services director, recently gave a tour of the new West Las Vegas Library being constructed on the Historic Westside at 1861 N. Martin Luther King Blvd.

A number of community leaders and iconic Las Vegas notables participated in the tour of the facility set to open to the public on December 9.

The new state-of-the-art West Las Vegas Library branch will double the size of the previous library, currently on West Lake Mead Boulevard, which was built in 1989. The new building will be a place where our children and generations to come can enjoy story times, arts, cultural events, live performances, after-school tutoring, and STEM activities.



Supporting Our Leaders: The 3 C's Rule

By Dr. Ellen Brown

Recently, I have been taking a moment to think more carefully about the increasing number of people who show up in various leadership positions around the country. I am not focusing only on their skills, knowledge, and power, but also on the reasons behind their choices. Whether these individuals are chosen or they work their way into the spotlight, once there, the expectations of their value in the positions will surely be assessed. They need our support.



Leadership requires giving: knowledge, time, money, energy, privacy, and opinions, to name a few. Though I may disagree with a valid leader and their constituents, my opinion category will undoubtedly consist of both supporters and non-supporters.

No one is perfect. John 8:7 is an oft-cited Bible verse about gossip and condem-

nation of our words and deeds: "He that is without sin among you, let him cast first a stone." In this story, the victim is a woman targeted by accusers; but Jesus saw the leaders as the accusers. He challenged them to look first at themselves and the importance of their own power as leaders.

Leadership consists of a collection of initiatives — including beliefs, loyalties, trust, commitment, communication, and reliability. Here is a rule of leadership that I came across on the internet, centered on character, competence, and commitment.

We follow those we trust, who hold the legitimate title of leader — whether they are teaching, leading, protecting, delivering the Word, serving our country, or keeping our children safe at crosswalks. It is a partnership.

In our Las Vegas community, we are fortunate to live in a place of strong leadership — of capable people willing to share their time and knowledge, as well as resources, to make this a better place. When questions of decisions come

up within our leadership community, assess their commitment to the 3 C's and the benefits we receive.

CHARACTER. Who are they? What do you see that supports the character of leadership? Get to know them! Anyone can sit around and talk about individuals in positions without knowing who they are and what they stand for. Character always shows itself. What you conclude is your impression. If you have questions, connect more with who they are and what they are doing that matters to you.

COMPETENCE. The résumé. What has been accomplished? This goes for personal, professional and within the connection you are making to them. It is this category that will give you hard and fast data on the abilities of the person seeking leadership positions through your support. Seek out this information in more than one way.

COMMITMENT. What commitment will I make? As we wrap up our Vegas Summer and prepare for the work we have ahead in 2025-26, let us embrace

the foundation of commitment along with support. Create questions you may have about the leadership promises and ask for answers. Questions, rather than statements — or worse, leaning on hearsay and past vs. present in pursuit of the current truth. How often do we hear the phrase: "So, this is what 'They' (or 'You') should be doing"? Both leaders and followers are positions we each hold every day, and the 3 C's of Leadership is a template needed to accomplish the role and the goal.

When the Leadership topic comes up during campaigns and elections, consider the following: If not you, who? If not me, why? If not here, where? If not now, when?

This article aims to raise awareness of this initiative. Please share it with your friends, family, business contacts, congregations, and community members. Together, we can make a difference. I welcome your input, questions, and ideas for topics; feel free to send them to ebrown.nci@gmail.com

HEALTHIER YOU

Awareness of ovarian cancer

By Dr. Marguerite Brathwaite OB-GYN

The word "cancer" always raises an alarm. It is scary because there is so much unknown.

Awareness and early detection are key survival factors, and that begins with basic knowledge.

There are five main types of cancer which affect a woman's reproductive organs: cervical, ovarian, uterine, vaginal, and vulvar. Each gynecological cancer is unique — with different signs, symptoms, and certain risk factors, including heredity.

All women are at risk for gynecological



cancers — and that risk increases with age. The signs and symptoms are not the same for every woman. When gynecological cancers are found early, treatment works best; which is why it is important for women to pay attention to their own bodies and take note when something is not normal or seems out of the ordinary.

Ovarian cancer makes up around 2.5% of all cancers found in women. But it causes about 5% of cancer deaths in women because it's often found late, after cancer has spread.

A little less than 1% of Black women may get ovarian cancer in their lifetime. They have some of the lowest rates of ovarian

cancer, compared to other racial/ethnic groups. Per 100,000 people, here's a breakdown of how many U.S. women may have ovarian cancer each year:

- Non-Hispanic American Indian and Alaska Native women 11.4%
- Non-Hispanic white: 11%
- Hispanic: 10.3 %
- Non-Hispanic Black: 9.4%

Ovaries are mostly made of three kinds of cells: epithelial, germ, and stromal. Each of these cells can cause a different kind of cancer.

For example, Epithelial tumors form in the tissue around your ovaries. This is the most common kind of ovarian cancer found

in women of any race or ethnicity. There are four major types of epithelial ovarian cancer:

- Serous
- Endometriosis
- Clear-cell
- Mucinous

Black women with epithelial ovarian cancer are diagnosed most often with high-grade serous tumors, the most aggressive kind.

All women should have regular health-care checkups. Make your appointment today by calling Innovative Women's Care at (702) 413-7740 or visit us at 851 S. Rampart Blvd., Suite 165 in Las Vegas.

“
My doctor is an excellent listener. They don't rush me through my visit.”

Beulah | Actual patient

Adults 65+



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*Comparison based on a study published by the Oxford Academic in June 2023 stating that the average primary care exam was approximately 21 minutes. Times vary based on services performed.

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