Las Vegas

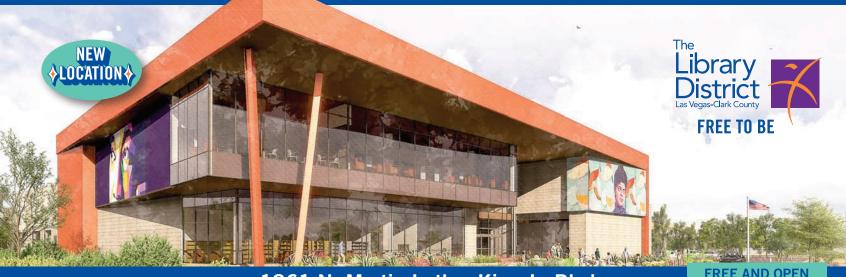
DECEMBER 2025

The story behind her path to Hollywood stardom

Inside

How to end 2025 with a spirit of joy • Coming attraction: 'Moses the Black' Raiders star tackles food insecurity

WEST LAS VEGAS LIBRARY GRAND OPENING FESTIVITIES



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GRAND OPENING DAY • Tuesday, December 9



11:30 a.m. EVENT CENTER

Holiday Ballet Suite

Enjoy a stunning 30-minute holiday ballet suite, choreographed by Las Vegas' own Mr. Avree Walker.

12:30 p.m. / 2:30 p.m. ADULT FLEX LAB (UPSTAIRS)

3:30 p.m.
YOUTH SERVICES DEPT. AREA

Craft the Halls

All materials will be provided just bring your creativity and holiday spirit!

1 p.m. EVENT CENTER

Line Dance Party

This is your chance to learn the celebratory West Las Vegas Hustle Line Dance. After the lesson, the floor stays open! Gather your friends, meet your neighbors, and step into the rhythm of your community.

2 p.m. Youth services dept. Area

Photos with The Grinch

Bring the whole family to snap a picture with the one and only Grinch! Even he can't steal the joy of this Grand Opening!

3 p.m. LOBBY

Holiday Karaoke

Jonny Bird of Birdland Productions invites all to an afternoon of singing.

5 p.m. ADULT FLEX LAB (UPSTAIRS)

Holiday Candle Workshop

Learn to blend custom scents and pour your own soy wax candle.

5 p.m. EVENT CENTER

The Late Shift: Grand Opening Holiday Networking Mixer

Mix and mingle with fellow local professionals and entrepreneurs. Sponsored by Cox Communications and KME Architects. Must be 21 and over to attend this event.



6:30 p.m. EVENT CENTER

Holiday Melodies with Chimini Yoka

Featuring smooth, silky, and soulful vocals from Chimini Yoka, take a moment to unwind after work and let the holiday spirit wash over you.



Seating, space, and supplies are on a first-come, first-served basis and may be limited. For more information, please scan the QR code or call 702.507.3989.

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Black Image what's inside:











PEACE

Inhale, exhale. Our spirits need a breather

By Kimberly Bailey-Tureaud



In and out, without thinking, our lungs rise and fall — an effortless rhythm gifted to us so we may live, move, and see another day. Yet what we choose to focus on within those days either drains our energy or restores our balance.

Life demands much from us. Our minds are constantly processing — absorbing information, releasing it, storing it, sorting it. This nonstop flow can be exhausting, especially when the values we form arise unconsciously, without the benefit of reflection or intention. Before we know it, our inner compass can be shaped by noise rather than truth.

But when everything else is stripped away, what remains is our soul. And just as a plant needs water, our souls require nourishment. The most powerful nourishment comes from the gifts God has placed within reach — gifts that cost us nothing.

Gratitude is one of them. It is the pathway that fortifies the soul, opens

the heart, and softens the rough edges of life.

A long walk in nature. The changing seasons. A cool breeze brushing your face.

These small, sacred moments are reminders of your connection to some-

thing greater. Even the birds that glide above, calling for your attention under a sky stretching brilliantly overhead, can replenish something deep within you — something you didn't realize was running low.

The soul is like velvet: soft, impressionable, and forever holding the shape of what touches it. That is why it's essential to cling to what is good, what is uplifting, what brings clarity and peace. Negativity only distracts, pulling you away from the life you are meant to live.

Lead your days with intention. Feed your soul with gratitude, beauty, compassion, and rest. Do this, and peace will meet you where you are — wrapping you in its quiet strength, guiding you forward with grace.

Christmas Wishes: Then And Now

By Louie Overstreet

During my early child-hood, after a half-decade of sacrifice by America's Greatest Generation, when "all gave some and some gave all," America in 1946 transitioned from a wartime economy of rationing goods back to that of a consumer economy.

For Christmas 1946, Santa (for me) and my parents (for my older brother

ents (for my older brothers, Rudy and Willie) fulfilled our wishes with Western Flyers bikes from the Western Auto store on Euclid behind the Sears and Roebuck department store in Cleveland. Theirs were full-size, mine was a little red one with training wheels. A year later, I wished for my two front teeth.

As for fulfilling Christmas wishes since 1947, it has been more than a fairly decent run for my family until now. I say this because there is no way my 2025 Christmas wish list can be satisfied. After all, who hasn't wished for world peace and sensible American gun laws?

Be that as it may, I am sharing my modest list of six wishes — ones that will be exceedingly difficult for Santa to bring down the chimney to me.

1. I wish for every childhood to be as healthy and happy as the one I experienced.

2. I wish for the Golden Rule to be practiced daily by

each and every one of us.

- 3. I wish for freedoms and personal liberties to never again be abridged by a vile president.
- 4. I wish more people and their elected representatives would accept personal responsibility for their behavior.
- 5. I wish more people of limited means could understand that voting or not has consequences.

And for my sixth and final request, I wish everyone blessed with kind hearts a Happy New Year and for the 2026 midterms to be even "mo' better" than the off-year elections last month.

I am sharing my modest list of six wishes
— ones that will be exceedingly difficult for
Santa to bring down the chimney to me.

Hunger For Service

Raiders Defensive End Charles Snowden III helps tackle food insecurity in Nevada

unger remains a pressing issue across America, and Nevada is feeling it more intensely than most. According to a USDA study and 2023 data from Feeding America, 15 percent of Nevadans — nearly 482,000 people — experience food insecurity, exceeding the national average of 14 percent. The state's youngest residents are hit even harder, with one in four Nevada children living in food-insecure households.

Las Vegas Raiders defensive end

Charles Snowden III is using his time off the field to help change those numbers. Driven by a passion for advocacy and community service, Snowden

recently made a monetary donation and contributed food to Macedonia Outreach Social Enrichment Services (M.O.S.E.S.), a Las Vegas-based food bank feeding 300 to 400 families each week. He also donated to Ak's Closet, host of the annual Community Baby Shower, which supports local parents in need.

Pastor Donald R. Clay Sr. of Macedonia Missionary Baptist Church ex-

pressed deep gratitude for Snowden's involvement. "We are grateful for the contribution by Charles Snowden of the Raiders. It speaks to us helping each other," Pastor Clay said. "The cycle of giving in the community needs to keep reaching out and pull one another up. We are blessed and privileged to receive this blessing."

Snowden's path to the NFL has been a story of perseverance. After going undrafted in 2021, he spent three seasons moving between practice squads — including time with the Chicago Bears and Tampa Bay Buccaneers — before finding his footing with the Las Vegas

continued on page 9>>



Charles Snowden III with Sister Debbie of M.O.S.E.S.

If we took a holiday, some time to celebrate

As we close out another remarkable year, we are excited to share this special holiday issue of Las Vegas Black Image — an edition filled with inspiration, celebration, and the joy of community. We hope it adds a vibrant spark to your Kwanzaa and Christmas festivities.

This month, we are honored to feature Sherri Shepherd on our cover. Her heartfelt acceptance speech at the unveiling of her star on the Hollywood Walk of Fame was truly moving. Her testimony of resilience, perseverance, and unwavering faith in Jesus Christ reminds us that blessings do come through hard work, discipline, and perseverance.

We are equally grateful to our community members who shared their voices in Community Speaks: Their reflections

on priceless treasures that "don't cost a dime" offer meaningful perspective during this season of giving.

The Living section offers festive ideas to brighten your celebrations, and we salute Raiders defensive star Charles Snowden for giving back to the community during a time when food insecurity continues to impact so many Nevadans. No matter the result of any one game or season, his spirit of service makes him a champion both on and off the field.

To our contributing writers and advertisers: thank you for your continued support throughout our 17 years of publishing Las Vegas Black Image. Your commitment helps sustain our mission and amplify the stories that matter. Our executive publishing team—graphic de-

signers, editors, distribution partners, and printing professionals—deserve special recognition. Their creativity, dedication, and excellence bring every issue to life, giving our community a powerful and enduring voice.

Thanks to all of them, there is so much more joy, culture, and inspiration awaiting you in these pages. And thank you for inviting us into your homes and hearts this holiday season.

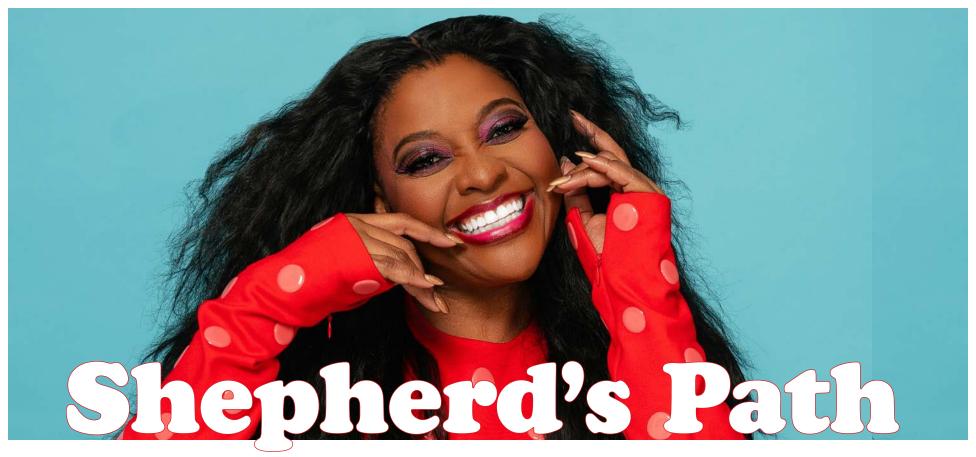
Wishing you joy, peace, and a wonderful new year!

Rise,
Charles Tureaud &
Kimberly Bailey Tureaud
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Charles Tureaud and Kimberly Bailey Tureaud





When Sherri Shepherd had nothing, faith and friendship lit her way forward. She will bring her talent to a Las Vegas stage next spring — and with it, a story that is a triumphant testament to resilience.

herri Shepherd is a force whose talent, tenacity, and joy light up every stage she touches. A daytime Emmy Award-winning talk show host, comedian, actress, and bestselling author, she commands America's attention as the host of the syndicated talk show "Sherri" where her warmth and humor power conversations filled with topical headlines, celebrity interviews, comedy, and uplifting stories.

Fresh off her standout role in Tyler Perry's acclaimed film "Straw" and gearing up to release her first children's book, "The Sunshine Queens," Shepherd continues to expand an already remarkable three-decade career that spans television, film, Broadway, and stand-up comedy. The multiple NAACP Image Award winner also delights fans with her hit podcast "Two Funny Mamas," co-hosted with Kym Whitley.

On May 2, 2026, Shepherd will bring her electric stage presence to the Venetian Resort for a live standup performance — an experience her fans know is not to be missed.

And recently, Shepherd reached another milestone: receiving her own star on the Hollywood Walk of Fame. Her acceptance speech, filled with heartfelt gratitude and a testament to faith, endurance and never giving up, was a powerful reminder of the resilience that defines her journey.

Hey family! Thank you to the Hollywood Chamber of

Commerce for giving me such an honor and I need to thank Jesus. Everybody who knows me knows I don't thump you over your head with my beliefs. But I'm a very spiritual person. I know I wouldn't be here without my Lord and Savior Jesus Christ. Like Tyler [Perry] and Niecy [Nash] said, "We don't see what goes on behind the smile, but God does." Those deep desires you never talked to anybody about, those dreams that you have — God knows those dreams. I just have to say thank you Jesus for everything you have done for me and those tears you wiped up.

Father God, I thank you. You have never left me or forsaken me. Father God has always said, "Do you trust me?" I must be honest, sometimes I said, "Hell, no I don't." But you never gave up on me and never stopped loving me. I bless you Father that you let people see a side of you that loves to laugh. The side that is joy. I thank you and a special shout out to You. Amen.

You know Hollywood means something very special to me. I used to live on the corner of Franklin and Argyle Streets in a studio apartment. My rent was \$350 a month. I used to look out the window — there were roaches all over. I couldn't afford to live anywhere else because my mother put me out of the house because I was too much for her. But I would look out the window every day and I would dream. I would see the cast members of "Beverly Hills 90210" when I would go inside clubs and see every-

one doing their thing. I would look out and dream about maybe one day I could be a part of this Hollywood community. I got evicted from my studio apartment and I moved over to 1200 June Street which was off Santa Monica and La Brea. I used to dream and found out landlords don't live on dreams. They need money; and I got evicted again from that apartment. I would walk everywhere because they repossessed my car. I would walk all the way to The Comedy Store every night where I would do stand-up comedy because that was the only thing that kept me going.

When I didn't have a place to stay because I got evicted so much. I would stay on people's couches. I remember they didn't have cell phones then. We only had pay phones and when I didn't have a quarter to make a call, I would call collect to a friend. When the phone operator would come on the line, I would say, 'this is a collect call.' When the operator would ask if the person would receive my collect call I would scream before the operator hung up, "Girl I have to stay at your house tonight!" (laughs). I would wander around and sit in McDonald's until my friend would come home so I could sleep on their couch. I would also walk down Hollywood Boulevard and see Janet Jackson's and other celebrities' stars on the Hollywood Walk of Fame. And I would cry and think, "Maybe one day that could be me?" This is when I had nothing. And the fact that I am here right now receiving my own star some 30 years later — God must have said, "Yes, it's you!"

Bringing Smiles Through Art

Joseph Watson is spreading joy with his gift for imagery

seph Watson has been channeling creativity since his early days growing up in Gardena, California Art became his refuge and outlet for expression, shaped not only by exceptional mentors but also by the vivid backdrop of Los Angeles. The city's rhythm — its excitement, danger, culture, and love — deeply influenced his artistic lens. An attentive observer of everyday life, Joseph creates work driven by story, transformation, and the subtle moments that make daily life extraordinary.

In 1998, he graduated with honors from the prestigious Art Center College of Design in Pasadena, a mile-

stone that reflected his dedication and artistic strength.

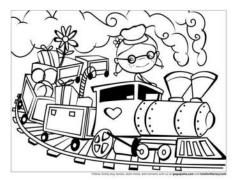
Life after college opened the doors to a dynamic and expansive career. Joseph's talents have touched everything from concept design for major video game companies to toy creation at Mattel. He founded and operated his own gallery for 12 years, contributed philanthropic art to community causes, made television appearances, and produced original commissioned paintings—including pieces now featured inside the Raiders' Allegiant Stadium.

His creativity is also showcased in children's literature. Watson is the illustrator behind the "Go, Go,

Greta" and "Jo Jo Goose" book series, bringing playful characters and vibrant worlds to young readers. He continues to expand his artistic reach as a proud member of the powerhouse collective, the Art School Giants.

Whether through fine art, storytelling, or mentorship, Joseph Watson creates work that lingers — art that sparks joy, reflection, and connection long after the first encounter.

Explore More of Joseph Watson's Work Official Website: josephwatsonart.com Children's Book Site & Free Coloring Pages: gogogreta.com Art School Giants: artschoolgiants.com



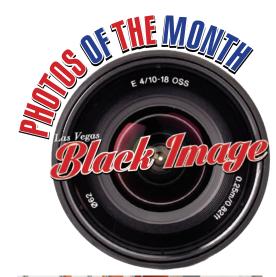














Congressman Steven Horsford tours the new West Las Vegas Library



Obodo Collective was honored with an NAACP's President's **Awards**



Albert Taylor takes a selfie with Las Vegas Raiders President Sandra Douglass Morgan



Sherry Gordy celebrated Halloween as Cleopatra



Congratulations to Lauren Myree and Mathew Williams on their recent nuptials



Bishop Charles Hemphill Jr. hosted the Feast Musical and preached about "The Seed"



The Alpha Phi Alpha fraternity's Theta Pi Lambda Chapter in Las Vegas celebrates its 61st charting anniversary



Christian Shelton and the Las Vegas Academy of the Arts present its 13th Annual Smith Center Concert



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Doin' Right Ain't Actin' White

•he author affectionately refers to this work as "my grandma book," a title born from a deeply personal moment. It was inspired by a troubling comment her grandson made about being Black — one that stirred her heart and compelled her to respond with wisdom, history, and hope. This book is her way of speaking not only to him, but to an entire generation — offering clarity, pride, and a path toward healing and empowerment.

This book empowers young Black readers to embrace their identity with pride by exploring the rich and complex history of Black

America — how we arrived at this point, the hardships we've endured, the triumphs we've achieved, and the resistance that often followed those victories. Above all, it reminds them that they are the descendants of



Author Adisa Nkechi

By Adisa Nkechi

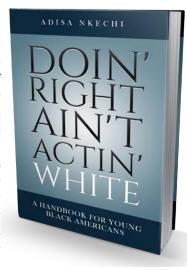
resilient survivors who endured unimaginable conditions so that future generations could exist and thrive.

Many young people wonder why slavery is still discussed, believing it belongs to the past. This book addresses that question, revealing how the psychological scars of slavery continue to shape our self-perception and daily lives. It encourages readers to challenge negative beliefs about who we are by drawing strength from the unwavering spirit of their ancestors — transforming pain into power, and history into hope.

The chapters in this book explore a wide range of vital topics, including: our historical journey, the roots of internalized self-hatred, the origins of systemic challenges in Black communities, the breakdown of the Black family structure,

education, crime, financial empowerment, responsible voting, the role of spirituality, and the importance of reconnecting around the family table.

Though not a textbook, each chapter is rich with indexed facts, personal reflections, and practical suggestions for improve-



ment. Readers are invited to engage deeply - not just with the content, but with their communities through thought-provoking questions designed to spark meaningful conversations with peers, parents, and grandparents.

<< continued from page 4</pre>

Raiders. His 2025 season has been a breakout, with standout defensive plays, tackles, sacks, and momentum-shifting

But for Snowden, impact extends far beyond game-day statistics. His understanding of the challenges facing families across Southern Nevada feeds his commitment to service. "Food security should not be considered a privilege but is essential to every household. Children and families are facing food insecurities, therefore, it's imperative that we support one another. I'm encouraged by the great work M.O.S.E.S. is doing in this community. The Las Vegas community has embraced me and I have a responsibility to give back," says Snowden.

Snowden shared how moments of perspective help guide him: "It puts things into perspective when I'm upset about losing a football game on Monday Night Football — which stinks. But then I realize people are trying to eat and may not have food. Food scarcity is a reality. People in the community have real issues."

For Snowden, supporting M.O.S.E.S. and similar organizations goes beyond charity - it represents the essence of community. "Community is one of the



Charles Snowden III visits the M.O.S.E.S. food pantry

most important aspects of humanity," he said. "The work M.O.S.E.S. has been doing for many years to feed families is what serving the community is all about.

With efforts like these, Charles Snowden is proving that tackling hunger is just as meaningful as any play made under stadium lights - and his leadership is inspiring others to join the fight.

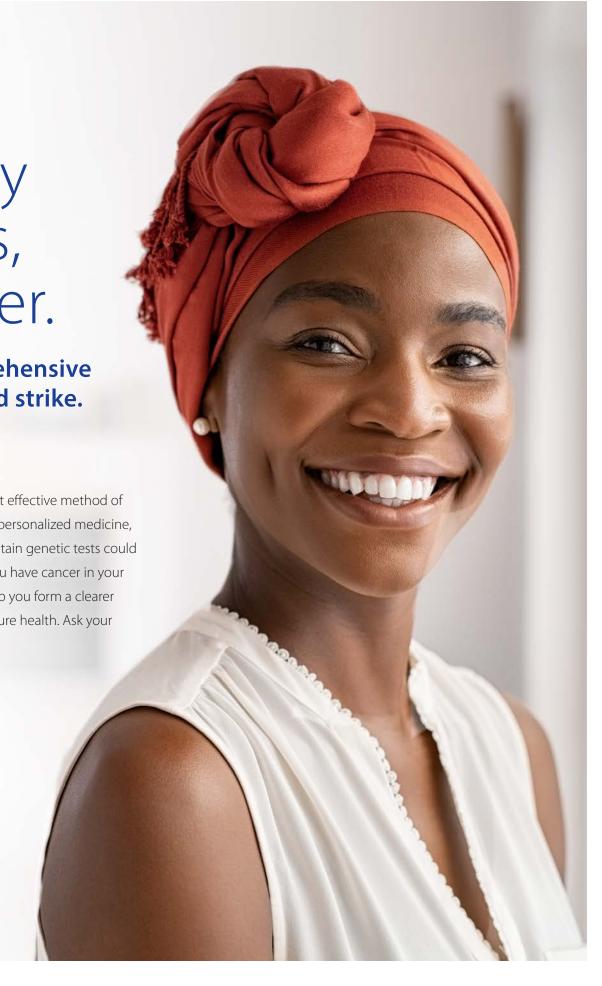


I inherited my mom's genes, not her cancer.

Genetic counseling at Comprehensive stopped cancer before it could strike.

Comprehensive Cancer Centers believes that the most effective method of cancer treatment is preventive. We are now in the era of personalized medicine, where your genes can predict your risk of cancer, and certain genetic tests could help your doctors provide more effective treatment. If you have cancer in your family you may be at higher risk. Comprehensive can help you form a clearer picture of how your genetic history might affect your future health. Ask your doctor about genetic counseling at Comprehensive.





Doing the 'Wright' thing

By Dr. Ellen W. Brown

or Lonnie and Sherry Wright, "People Come First" isn't just a mantra — it's the foundation of a lifetime of service. Doing the "Wright Thing" has long been at the center of their community



commitments, and this holiday season, the couple once again demonstrated their extraordinary generosity with a \$10,000 gift to the College of Southern Nevada's Hospitality Program.

For decades, the Wrights have been pillars of the Las Vegas Valley community, offering both resources and compassion to those who need it most. Their

People First platform is built on four pillars of empowerment:

Feeding People: The Wrights support efforts that provide nourishment to both the homeless and the housed who find themselves in need.

Hiring the Unemployed: With deep roots and longevity in the hospitality industry, the Wrights open doors for individuals seeking skills, income, and a fresh start.

Training for a Lifetime: Guided by the wisdom of the old proverb, "Give a man a fish and you feed him for a day; teach him to fish and you feed him for a lifetime," the Wrights invest in practical, sustainable training that transforms

Connections That Count: They understand that sometimes opportunity begins with a name, a place, or a simple introduction. With decades of relationships across the Valley, the Wrights ensure that people seeking stable employment have access to the connections that complete the circle.

Dr. Lonnie Wright's partnership with Hope for Prisoners - the impactful organization founded in 2017 by Jon D. Ponder — reflects this commitment. Together, they support formerly incarcerated individuals by offering specialized hospitality training and pathways to meaningful, long-term employment. In this work, the Wrights continue to do the "Wright" thing, empowering people to rebuild, renew, and rise.

Humble and God-fearing, Lonnie and Sherry grew up together in Las Vegas, married, raised a family, and made a conscious decision to lift others as they climbed. Sherry Wright – the "quiet storm" behind the family business — has spent her hospitality career shining light on others. Her expertise, compassion, and dedication have touched countless lives throughout the community and the food and beverage industry.

If you've crossed paths with Lonnie or Sherry in your own journey, their impact has likely stayed with you. Now, the invitation is simple: Pass it on. Share the wisdom, kindness, and opportunity they shared with you.

Just do the Wright thing.

I welcome your input, questions, and ideas for topics; feel free to send them to ebrown.nci@gmail.com



What is the perfect gift that doesn't cost a dime?



with a plain old conversation. We never know what people are going through.

Tina Lott The perfect gift is love. It doesn't cost a thing.



Jackee Cahee A perfect gift is loyalty and being committed

Freddie Wells Rozlinda Tolliver Willis We need to take time to listen to someone

A big loving hug always makes you feel good. It's a good gift from your heart.



Rondalyn Marshall A surprise visit to someone, a gentle smile, kindness to all, a telephone call.



Kamara Magnolia Bowen Unconditional love. Agape love and grace is real time.



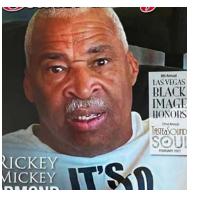
Myrtle Coleman

Love and respect that is kind and taught within the home is an important gift for your children, so they can show the world. This is what is lacking in today's world. Let's give more love and try to make a change.



Blackbutterfly Johnson

The perfect gift is the gift of time. Spending time with someone means that the person isn't selfish with their time and doesn't mind spending some on you. Precious memories are made during time spent together.



Rickey Mickey Ormond The gift of salvation.



Valorie Lucas My presence is a present.



Aubrev Foulk

I try to like, comment, and share posts from my friends, family, and strangers who are working hard to make it with their small businesses. I can't always afford to buy things, but I can support them in this way.



Kathy Lattimore

Love, accountability and respect. All these things are so important. Love doesn't cost a dime; accountability is the key to success, and respect is something you must give to receive.



Cheri Shipp

I would say, truly being present with someone, and putting your phone down to make genuine contact and listen like they're the only person in the world.



Andrew Thomas

A perfect gift is time. Quality time with loved ones cost nothing. I'm "Tired of Being Broke," and my presence is a present. Money can't buy the time you take out to call or visit someone you love.

Prophetess Catherine Matthews Hyatt: Faith, Power & Purpose Revealed

By Sheryl Thornton-Burnham

n a world that often celebrates flash over faith, Prophetess Catherine Matthews Hyatt stands as a woman who embodies both - elegance and endurance, beauty and belief. Based in Las Vegas, she has become a powerhouse voice in ministry, business, and real estate investment, proving that success doesn't come from



circumstance but from standing firm in purpose and walking by faith. "For we walk by faith, not by sight." - 2 Corinthians 5:7

Faith First. — Always. Catherine's journey to success wasn't paved with ease. She is a living testimony that life's detours often lead to divine destiny. Through seasons of loss, heartbreak, and reinvention, she never wavered in her faith. Instead, she discovered that God's timing isn't about when you're ready — it's about when God says you are. Her mantra is simple yet powerful: "When it's your season, no one can stop what God has already set in motion." That same faith has guided her from ministering behind the salon chair to leading others in the marketplace and in ministry.

Real Estate Royalty with a Spiritual Touch. Prophetess Hyatt isn't just a minister of the Word — she's a vessel of wisdom in the marketplace. A successful real estate investor and entrepreneur, she has built a foundation that merges faith with financial freedom. Together with her son, Darryl Brown - a top-producing Realtor and co-author — they are reshaping the narrative of Black wealth by empowering families to build ownership, restore legacy, and create generational success. Their co-authored book, "The Seven Keys of Success in Real Estate," goes beyond property and profit. It teaches mindset, manifestation, and the spiritual principles of stewardship — empowering others to take dominion and walk boldly into financial freedom.

Turning Pain into Power. Her first book, "A Plague of a Divorce," unveils her truth - transparent, raw, and redemptive. Catherine doesn't hide the heartbreak; she honors it. She shares how faith helped her rebuild her confidence, her business, and her belief in love and purpose. It's a story of resilience that resonates deeply with women who've had to rise again, proving you can be broken and still be chosen.

Walking in Divine Purpose. Prophetess Hyatt's calling reaches beyond titles or recognition. She is a vessel of healing, restoration, and empowerment - a voice for women rediscovering their worth and walking boldly in faith. Her life proves that grace and grit can coexist and that God's timing is never delayed, only divine.

Her upcoming meet-and-greet/book signing promises an afternoon of inspiration, fellowship, and encouragement. The event will take place on Saturday, December 13 from 1 p.m. to 3 p.m. at ONE Las Vegas, located at 8255 Las Vegas Blvd S. Attendees will enjoy light refreshments, hear empowering words from the author, and experience a sacred atmosphere filled with God's presence and power. To register, visit Eventbrite and search for Prophetess Catherine. It's more than an event — it's an encounter of faith, hope, and transformation.

For more information, visit TheThroneRoom.co



Prophetes Catherine Mathews-Hyat

Las Vegas Black Image

Las Vegas Black Image is thrilled to introduce LIVING, a new section dedicated to celebrating the most creative ways to enjoy one's life through food, home, and the great outdoors.

"A House is a Home" Home decor that brings light, love, and peace to your household, complements your lifestyle, and sparks a "living out loud' existence.

"Planting Your Seeds" is a space for rejoicing through gardening, relaxation, or grounding oneself in nature.

"Food for The Soul" brings the most flavorful home-cooked recipes, with meals that will fill your loved ones' bellies, put smiles on their faces, and bring joy to their hearts.

A HOUSE IS A HOME

Holiday décor brings cheer, family togetherness

As we celebrate Christmas and Kwanzaa (December 26-January 1), let your home shine with holiday cheer. Colorful Christmas tree ornaments, a festive mantel, and décor inspired by Kwanzaa's meaningfully symbolic colors can transform any space into a joyful reflection of culture, tradition, and family.

Most importantly, make decorating a shared experience. Involving loved ones — especially children — turns simple décor into lasting memories. That's the true magic of turning a house into a home.



PLANTING YOUR SEEDS

So many uses for rosemary, no need for thyme

■ erbs offer natural nutritional benefits that support overall wellness, and rosemary is one of the most versatile. Whether grown in a backyard garden or in patio pots, rosemary adds fragrance, enhances recipes, and may support memory, digestion, and circulation.

Many also use rosemary as part of a hair-care routine. Boiling rosemary with olive oil is said to support hair growth and manageability.

TIP: Small rosemary plants are available at most garden nurseries easy to grow, easier to enjoy.







FOOD FOR THE SOUL

Warm from the oven, holiday on a roll

ake Christmas morning sweeter with warm, soft cinnamon rolls — a treat you can prepare the night before or bake fresh with the kids. Here is an easy recipe to help ring in the holiday spirit.

INGREDIENTS

For the dough

- 1 gt whole or almond milk
- 1 cup vegetable oil
- 1 cup sugar
- 2 (0.25-oz) packets active dry
- 8 cups (plus 1 cup

reserved) all-purpose flour

- 1 heaping tsp baking powder
- 1 scant tsp baking soda
- 1 heaping tbsp salt
- Melted butter (plenty!)
- 2 cups sugar Cinnamon (generously sprinkled)

For the maple frosting

- 1 (2-lb) bag powdered sugar
- 2 tsp maple flavoring
- 1/2 cup milk
- 1/4 cup melted butter
- 1/4 cup brewed coffee
- 1/8 tsp salt

DIRECTIONS

Make the dough: Heat milk. oil, and sugar to just below a boil. Set aside to cool slightly. Sprinkle yeast over the surface and let sit for 1 minute. Add 8 cups of flour, stir gently, cover, and let rise for 1 hour. Add remaining flour, baking powder, baking soda, and salt; stir thoroughly. Chill for easier handling if desired.

Assemble the rolls: Roll half the dough into a thin 30-by-10-inch rectangle. Pour 3/4-cup melted butter over the surface. Sprinkle cinnamon and sugar generously. Roll tightly toward you, pinch seam, and slice into half-inch pieces. Place in buttered pans without overcrowding. Repeat with the second half of the dough.

Bake: Preheat the oven to 375F.

Let rolls rise 20 minutes, then bake 15-18 minutes until lightly golden.

- 1. Make the icing. Whisk powdered sugar, milk, butter, coffee, salt, and maple flavoring until smooth and pourable.
- 2. Finish. Drizzle icing over hot rolls and let it soak in for maximum gooey goodness.

Enjoy your life!



Foster Comfort and Joy

Make a lasting difference for a baby or toddler in foster care this holiday by opening your heart and your home. There are little ones waiting for a caregiver, like you, to give them the comfort they need. Become a foster caregiver.

Toin us for a foster care information session



Dec 2 | 6pm @ Child Haven

Dec 4 | 5:30pm @ Centennial Hills Library

Dec 6 | 10am @ Canyon Ridge Church

Dec 9 | 6pm @ "Evening with the Stars of Foster Care"

Dec 11 | 6pm@ Child Haven *Spanish

Dec 13 | 10am @ Aliante Library

Dec 16 | 5:30 PM @ Nevada Partners

Dec 18 | 6pm @ Child Haven

Dec 20 | 10am @ Hope Church

Dec 23 | 6pm @ Child Haven

Dec 30 | 5:30pm @ Black Mountain Recreation Center



clarkcountyfostercare.com

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PART THE WATERS

Executive-produced by Curtis "50 Cent" Jackson, "Moses the Black" arrives in theaters in January, starring Omar Epps, Wiz Khalifa, Quavo, and Chukwudi Iwuji.

athom Entertainment, in collaboration with Simeon Faith, the Nick Mirkopoulos Cinematic Fund, and Curtis "50 Cent" Jackson, has announced that it will release "Moses the Black," in a Simeon Entertainment, G-Unit Film and Television, Taylor Gang Films and BrooklynWorks Films production, nationwide on January 30.

"Moses the Black" follows a Chicago gangster's journey of reckoning, inspired by the true story of the fourth-century saint of the same name. Omar Epps ("Power Book III: Raising Kanan," "Juice," "House") stars as Chicago gang leader Malik, with recording artist Wiz Khalifa ("Spinning Gold," "Furious 7" soundtrack) as 2wo-3ree, the confident and volatile head of Malik's young crew, locked in a power struggle for control against rival gang leader Straw, played by recording artist Quavo ("Atlanta," "blackish"). The role of St. Moses the Black is portrayed by Chukwudi Iwuji ("Guardians of the Galaxy Vol. 3," "Peacemaker") with direction by Yelena Popovic ("Man of God").

A gripping fusion of suspense, moral courage, and modern relevance, "Moses the Black" is driven by a hypnotic original soundtrack executive-produced by Wiz Khalifa featuring Quavo, and other collaborators. With its emotional depth and standout performances, the film has already sparked excitement and anticipation among fans and influencers nationwide.

"This film is about redemption and real change. It's raw, it's emotional, and it's powerful. I can't wait for audiences to see it," said Curtis "50 Cent" Jackson.

"'Moses the Black' is an action-packed drama that was made to be seen on the big screen. Fathom Entertainment is thrilled to partner again with Simeon Entertainment and bring this heart-pounding story with a star-studded cast to audiences nationwide," said Ray Nutt, Chief Executive Officer for Fathom Entertainment. Fathom Entertainment first collaborated with Simeon Entertainment in 2022 for the award-winning film, "Man of God."



Omar Epps stars in Moses "The Black"

KNIGHT MOVES

December 2025 (Oh, What a Month)

By Craig Knight

ecember rives as the grand finale of another remarkable year. The air turns crisp, the lights glow brighter, and there's a shared sense of reflection anticipation. As 2025 comes to a close - the first



complete year in this new quarter-century — it's a perfect moment to celebrate how far we've journeyed and to envision what lies ahead. Whether you're finishing year-end projects, embracing holiday traditions, or finding pockets of peace amid the season's pace, remember:

December isn't merely an ending. It's a bridge to powerful new beginnings.

In the Northern Hemisphere, winter

settles in with cozy nights, festive gatherings, and the quiet stillness that invites deeper thought. South of the equator, summer is in full swing, bringing long days, lively celebrations, and vibrant energy. No matter where you stand in the world, December embodies unity - the meeting point of closure and renewal.

Sports continue to shine as the year wraps up. Our UNLV Rebels close out an inspiring football season, carrying their bowl-bound momentum into the new year. The Runnin' Rebels and Lady Rebels are in full Holiday Classic mode on the hardwood. The Las Vegas Raiders push through the final stretch of the NFL regular season, where every snap and score shapes their postseason hopes. Meanwhile, the Vegas Golden Knights glide into midseason form, defending the ice with championship focus. As we turn the page on another dynamic sports year, we salute the passion, perseverance, and pride of every athlete who gave their all.

December Holidays & Observances

- December 7 | Pearl Harbor Remembrance Day Honoring the heroes of 1941.
- December 21 | Winter Solstice The shortest day of the year, marking the slow return of light.
- December 24 | Christmas Eve
- December 25 | Christmas Day Celebrating joy, faith, and togetherness.
- December 26 | Kwanzaa Begins Honoring African heritage, unity, and cultural pride.
- December 31 | New Year's Eve Cheers to fresh starts and bold horizons.

Monthly Awareness Recognitions

- Universal Human Rights Month | A call to uphold dignity, equality, and freedom for all.
- National Impaired Driving Prevention

Month | Celebrate responsibly—protect vour community.

- Spiritual Literacy Month | A reminder to reconnect with purpose, gratitude, and inner peace.
- Safe Toys & Gifts Month | Encouraging thoughtful choices that protect children's well-being.

As we close out 2025, take a moment to honor your journey—the lessons learned, the challenges faced, and the growth achieved. The promise of a new year isn't only about resolutions; it's about evolution. Step into 2026 with intention, courage, and an open heart.

Until the next edition of Knight Moves, stay grateful, stay grounded, keep shining your light-and keep sharing the knowledge.

Happy holidays and God bless!

Thinking about freezing your eggs?

By Dr. Marguerite Brathwaite OB-GYN

Research indicates that peak fertility for Black women typically occurs between ages 20 and 30. However, these are often vears of significant personal and professional development



- pursuing higher education, advancing

careers, building financial stability, or simply not yet having met the right partner. As a result, Black women tend to pursue egg freezing at lower rates than other groups.

Egg freezing, or oocyte cryopreservation, allows women to preserve unfertilized eggs for future use. The process involves retrieving eggs from the ovaries, freezing them at very low temperatures, and storing them until needed.

includes:

- Initial consultation
- Ovarian stimulation (10-12 days)
- Egg retrieval

Additional research is needed to better understand the factors contributing to lower utilization of egg freezing among Black women, but socioeconomic barriers likely play a significant role, along with more limited access to infor-

The typical timeline is 2-3 weeks and mation about the available options. Higher rates of uterine fibroids among Black women further complicate reproductive planning, as fibroids can affect fertility. pregnancy outcomes, and long-term family planning.

> Women's Innovative Care is here for you, and we encourage you to make an appointment by calling (702) 413-7740 or visiting us at 851 South Rampart Blvd. Suite 165 in Las Vegas.

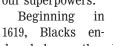
Egg freezing, or oocyte cryopreservation, allows women to preserve unfertilized eggs for future use.

HISTORIC BLACK VEGAS

Let's End 2025 in a Spirit of Joy

By Claytee D. White

will end steeped in joy, Black Joy - the healing balm of a mysterious, invisible power. I believe that joy is one of our superpowers.



dured slavery then Jim Crow and continued this trajectory into the 21st century's systemic racism, Jim Crow 2.0. And yet, Black people are still thinking, building, working, writing, creating, dancing, and standing on holy ground. I propose an addition to the thinking surrounding Black Joy by adding a spiritual component. The church has always been important to African-Americans.



The belief in the invisible has been a steady influence among all religious expressions in Black communities. Having faith brings hope and allows freedom to flow into our lives. Faith brings that feeling of joy even in the worst times and creates a path for light to radiate from within us. Faith and that inner joy probably kept the enslaved hopeful enough to pick one more pound of cotton, the strength to take the lashes from the whip, the vision to continue to put one foot in front of the other before escaping via underground railroad.

Our careers, our jobs, our professions are immersed in the spirit that works through us. Paul R. Williams, the Black architect who designed Berkley Square must have felt that joy in his creativity; Helen Toland must have felt that Black

Joy as she served as the first Black female principal when she was guided to expose students to as many local spaces as possible; Dr. James McMillan must have experienced that hope leading the community to integrate hotels and then attorney Charles Kellar as he wrote a consent decree for better jobs for the Black community.

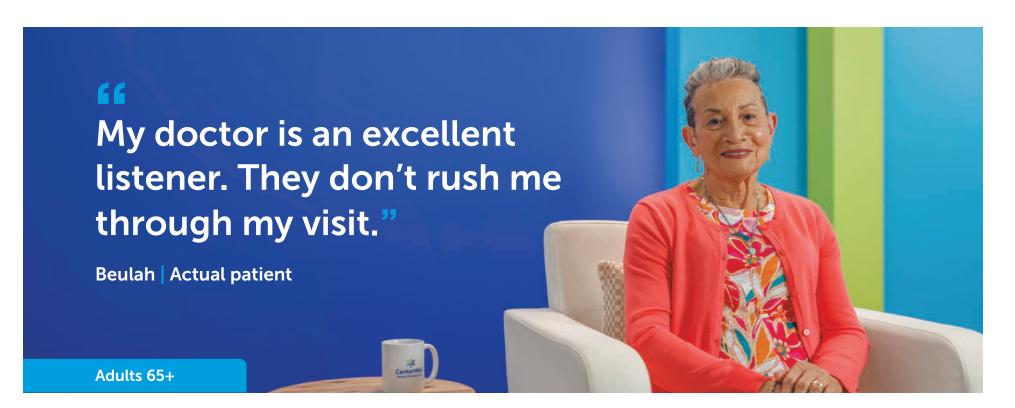
Ernest Holmes, author of "The Science of Mind," wrote about the inspiration that joy can bring: "There is a song upon my lips today; it sings of the glad heart and the happy ways of life. I will listen to my song, for it carols to me the glad tidings of Great Joy, of Love, and Life. It tells me of the wondrous journey of the soul and the boundless Life in which my life is hid. I am filled with Joy."

Black dancers at the Moulin Rouge

probably felt this and thus allowed their dancing to lead to community work in organizations like Le Femme Douze, the Links, Greek sororities, The Girlfriends, and all kinds of church-related organizations.

Having the audacity to continue to believe in joy after witnessing a lynching, the destruction of Black Wall Street, the attempted walk across the Edmund Pettus Bridge, the Sunday afternoon in Anniston, Alabama where Freedom Riders were attacked, or the assassinations of Martin and Medger proves the power of hope and joy — the superpower. The Spirit of Joy within us is birthless and deathless. It was not born and it cannot die.

Faith brings that feeling of joy even in the worst times and creates a path for light to radiate from within us.





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^{*} Comparison based on a study published by the Oxford Academic in June 2023 stating that the average primary care exam was approximately 21 minutes. Times vary based on services performed.

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