Las Vegas
Black Image

NOVEMBER 2026

FREE



GOLD STANDARD

Honoring 50 years of Black excellence in Las Vegas

Inside |

Honoring WISE women • What are your election expectations?
Remembering Dr. Katrina Rochelle Harris

ENJOY *FREE* EVENTS THIS FALL

The Library District
Las Vegas-Clark County

FREE TO BE



DIA DE MUERTOS

A vibrant community celebration honoring loved ones through art, music, and tradition.

Saturday, November 7
4 p.m. – 8 p.m.
East Las Vegas Library



A SALUTE TO OUR VETERANS WITH THE SWING IT! GIRLS

Honor those who served our country with favorite wartime tunes!

Sunday, November 8
3 p.m. – 4 p.m.
West Charleston Library



VEGAS VALLEY COMIC BOOK FESTIVAL

Enjoy a day of comics, cosplay, lectures, and more at our 18th annual event!

Saturday, November 7
9:30 a.m. – 4:30 p.m.
Clark County Library



A NEW CHAPTER! THE WEST CHARLESTON LIBRARY FALL CELEBRATION

Check out our renovated branch and enjoy carnival games, face painting, live music, and more.

Saturday, November 14
11 a.m. – 3 p.m.
West Charleston Library

HEALING THROUGH SONG & DANCE

Celebrate Native American Heritage Month with a performance by Shelley Morningsong (N. Cheyenne) and Fabian Fontenelle (Zuni/Omaha).

Friday, November 13
7 p.m. – 8 p.m.
West Charleston Library

Saturday, November 14
3 p.m. – 4 p.m.
West Las Vegas Library

7:30 p.m. – 8:30 p.m.
Summerlin Library

Sunday, November 15
3 p.m. – 4 p.m.
East Las Vegas Library

NATIVE RHYTHMS, NATIVE JAZZ: A GENRE–BENDING JOURNEY

At the crossroads of Native American flute, jazz, world percussion, and contemporary soundscapes, these three musicians craft a one–of–a kind performance.

Saturday, November 21
7 p.m. – 8 p.m.
West Charleston Library



SCAN HERE FOR MORE EVENTS

FREE AND OPEN TO THE PUBLIC. Seating, space, and supplies are on a first-come, first-served basis and may be limited.

Las Vegas Black Image

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what's inside:

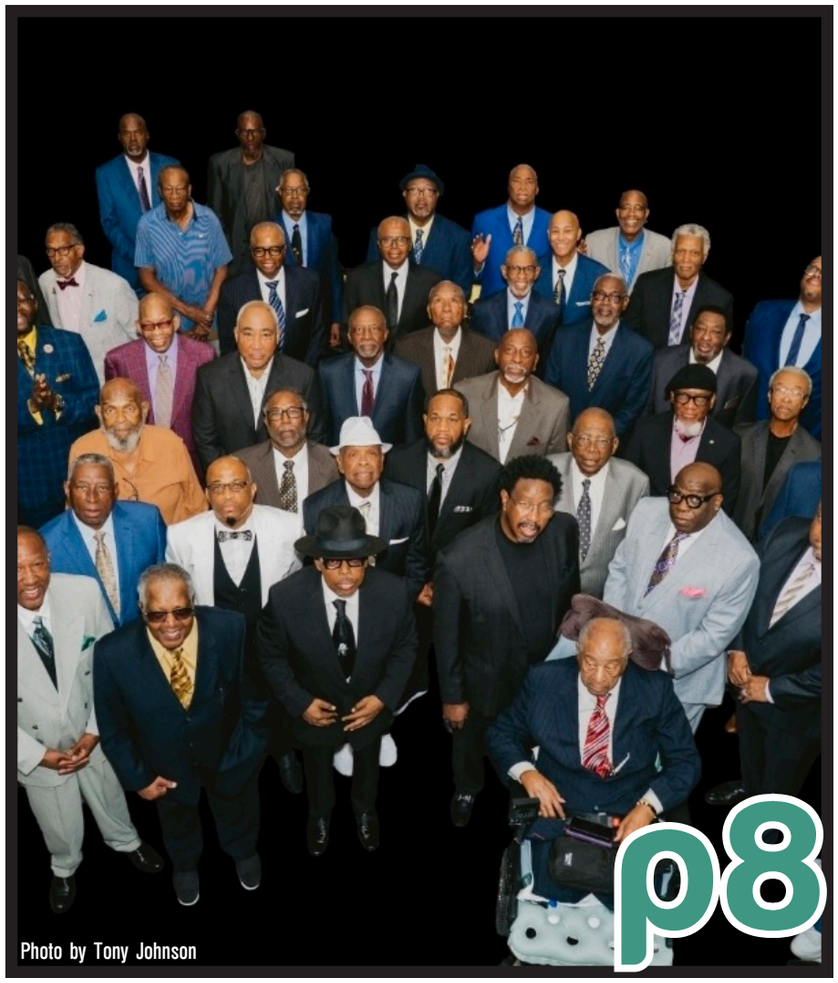


Photo by Tony Johnson









PEACE

The power of the mind

By Kimberly Bailey-Tureaud



One of the greatest attributes a person can possess is control over the mind. Situations will come and go, testing how we respond. But a conscious, awakened mind allows us to choose our responses rather than react automatically. The mind and heart serve different functions, and learning to balance the two is essential.

Many in the professional world argue that we should be led by the brain rather than the heart. The real gift is knowing which approach a situation requires. The mind is a vast ocean of possibilities and circumstances. Whether cloudy or clear, our thoughts can take us in many directions, triggering emotions that influence our decisions.

Staying grounded requires discipline. Movement is not always the answer. Stillness and discernment can enlighten a weary soul. Stepping back rather than reacting to the provocations of spectators can demonstrate wisdom and strengthen our judgment. Yes, we all know the importance of one simple word: pause.

"Mind over matter" means being intentional about our thoughts before they lead to unintended consequences. The mind seeks nourishment. It can feed on new experiences, new places, and meaningful interactions. When left idle, however, it will still seek something to consume. Our goal should be to cultivate a healthy mind that protects us and those we hold dear.

Anything that runs out of control can become difficult to stop when circumstances demand it.

Hold on to the power of your mind by filling it with uplifting thoughts, laughter, and positive information. The grace you extend to your mind is an expression of self-love.

Let your smile become second nature, reminding your mind that all is well.

Greet those who pass you with a warm "hello." A simple act of kindness can ease tension and open the door to connection.

You can be a source of peace wherever you go. No one needs to give you permission to embrace what God has already ordained for your life.

The time is now to stay empowered!

America on the Brink: Part II

By Louie Overstreet



We discussed AI, elections, economics, and governance in this space last month. This month will be health, peace, religion, and war.

After we suffered through the world's greatest health crisis in 100 years, Trump chose to appoint a Secretary of Health and Human Services who once stopped on a highway to extract a dead raccoon's pecker.

If not for his supremely unfit choice for Secretary of Defense (we'll get to that in a bit), the appointment of Robert F. Kennedy Jr. to the HHS post would be the worst cabinet choice in the history of the United States. Case in point: his decision to sow doubt on vaccinations is causing preventable deaths.

Our president's antagonistic behavior towards longtime allies is causing instability in the Northern American Treaty Organization (NATO). Need I mention his threat to invade friendly countries or laughable penchant for painting everything gold and changing the names of gulfs, lakes, and states? No wonder, it is highly doubtful there will be peace during his remaining time in office.

Attempts by tax-exempt religious organizations to become political movements, in my lifetime, date back to 1979 with the formation of the Moral Majority by Jerry Falwell. The movement gained considerable influence but stagnated and was replaced by the far more hateful and divisive Christian Nationalism movement and its omnibus presence in today's Republican Party.

However, the scariest matter of all facing our nation is the totally unqualified person serving as head of the Defense Department — which he has taken to calling the Department of War, as if this were the 19th century. Further, he was a zealous proponent of initialing a war with Iran, without the requisite amount of planning. Predictably, our nation's history is that we do not fare well in conflicts of this nature; we suffer huge losses to prestige, treasure, and most importantly the lives of young Americans.

Unlike the hit Johnny Mathis song, chances are that our chances at surviving this current mess aren't awfully good!

Read All About It

Las Vegas nonprofit promoting literacy and building confidence to host a free event for 100 kids on November 21

One hundred Las Vegas children will each take home a book of their own, a plush companion, and affirmation stickers on Saturday, November 21, at no cost to their families.

Registration is open at besomeonesstickynote.org/event and closes when the hundredth place is filled.

Penelope's Confidence Experience runs from 1:00 to 2:30 p.m. at Sahara West Library, 9600 W. Sahara Ave. Children ages 4 to 10 hear the book read aloud, make affirmation notes to keep, and leave with a signed copy of Penelope and the Vase, a plush companion, and affirmation stickers.

The afternoon is built to do two things at once: put a book in a child's hands and give them language for their own worth. Be Someone's Sticky Note Foundation, a Nevada 501(c)(3), is hosting the event. The woman behind the event, Danyail Lawton, is an Air Force veteran.

She served 23 years, including two tours in Afghanistan, and retired at 41. What she carried out was a short story she wrote in the ninth grade and the yellow sticky notes her teacher left on it.

She kept both for 29 years. That story is now a picture book, and the note named her foundation.



Danyail Lawton, author of Penelope and the Vase

LETTER FROM THE PUBLISHERS

Like it's golden

First, we THANK YOU, our loyal readers and supporters of Las Vegas Black Image Magazine. This month, we pause to give thanks for the blessings in our lives and the people who continue to make a difference in our community.

Mr. Lonnie Wright's "The Golden Legacy 50" is our featured cover, celebrating 50 Black men who have contributed to the Silver State for more than a half-century. We are honored to feature these outstanding Southern Nevada men who have helped shape the best of Las Vegas.

Our Community Speaks feature once again gives community members the mic to share their expectations of political candidates fortunate enough to earn a seat at the table. The message is clear: accountability to Nevada residents must be the beginning and the end of public service.

We sincerely thank all our contributing writers and advertisers for pouring their passion, time, and support into Las Vegas Black Image Magazine. We appreciate you!

The Living section will spark your holiday spirit with a visit to Farm Buddies and its organic farmers market, offering a wonderful Saturday excursion. You'll also find a reminder that filling your home with music can help make any house a home.

We encourage you to attend the FREE Las Vegas Black Image Magazine Honors on November 14, 2026, at the downtown Classic Jewel Nightclub. Sponsored by Southwest Gas and MGM International Resort, the event will recognize 16 of Nevada's impactful people, businesses, and nonprofits for their continued contributions and commitment to giving back to the community. Help us celebrate those who make Las Vegas a great place to live! Please RSVP at (702) 615-8216 or email cdalasvegas@gmail.com.

Our "Under the Glittering Lights" segment features photo highlights from the recent Earth, Wind & Fire (EWF) concert at The Venetian Resort. This iconic group continues to deliver one of the best musical shows on the Las Vegas Strip. They STILL GOT IT!

With heavy hearts, we say goodbye to Dr. Katrina Harris, who recently passed away. She will be deeply missed for her



dedication and unwavering work as a "She-Warrior" for mental health.

Rise,

Charles Tureaud &
Kimberly Bailey Tureaud
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PHOTOS OF THE MONTH

Las Vegas Black Image

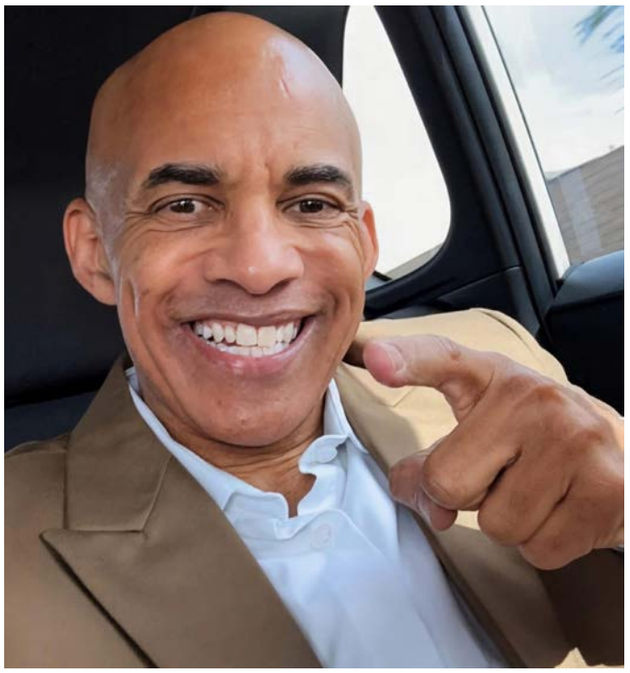


Former U.S. Vice President Kamala Harris visits Las Vegas Culinary Workers Union 226 and is greeted with a Happy Birthday song.



Assemblyman Cameron Miller, Assemblywoman Daniele Monroe-Moreno, and Pastor Kelsey West





Andre Gray



Musician Skip Rice at Mariposa Nightclub



Channel 3's Latoya Silmon and Sheryl Thornton-Burnham at the Grant a Gift Autism Foundation Gala



R&B songstress Adina Howard and comedian-actor Joe Torry



Tanya Flanagan and friends at the National Bar Association Gala and Awards



Photographer Gayle Ferguson and Jimmy Jam & Terry Lewis



City of Las Vegas' Nikki Bowers, Channel 2's Krystal Allan, Marilyn Booker, and the iconic Anna Bailey



Maxine Porter celebrates her 80th birthday in style.

continued on page 9>>

Giving Our Thanks to Men Who Made a Way



Photo by Tony Johnson

Dr. Lonnie G. Wright, founder of The Golden Legacy 50 and a Hall of Honor award recipient for education, reflects on those who laid a path for Black excellence in Las Vegas.

"For we walk by faith, not by sight." — 2 Corinthians 5:7

On September 25, 59 men were honored at the West Las Vegas Library: the 51 members of The Golden Legacy 50's inaugural class and eight Hall of Honor recipients.

Before we give thanks for what Las Vegas has become, we should remember the people whose work helped make it possible.

There was a time when Black entertainers could fill the city's showrooms yet be denied accommodations in the hotels where they performed. Black workers welcomed visitors, carried luggage, cleaned rooms and prepared meals while facing discrimination themselves.



Founder of the Las Vegas Golden Legacy 50, Lonnie Wright

Segregation earned Las Vegas the reputation of the "Mississippi of the West." Within that divided city, the Historic Westside became a center of Black family life, enterprise, faith and community.

In 1960, Dr. James B. McMillan's threatened NAACP march helped secure the Moulin Rouge Agreement, ending formal casino segregation. A 1971 federal consent decree expanded employment opportunities for Black workers.

But discrimination alone cannot tell our story. We must also remember the pride. As someone who was part of that hospitality culture, I saw it every day.

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HONOR ROLL

Inaugural Class: 2026

Marcus Allen • Aaron Arrington • Freddie Banks • Ricki Y. Barlow • Kenny Bayless • Kermit Bayless • Herb Brown • Kirby Burgess • Michael Burns • Dr. Robert Bush • Pastor Sam Carroll • Sonny Charles • Gene Collins • Sweet Lou Collins • Cedric Crear • Andre Crockett • John Edmond • Charvez Foger • Earnest Fountain • Byron Goynes • Lionel Hollins • Charles Holloway • Steven Horsford • Wilbur Jackson • Eric James • Carl King • Don King • Bubba Knight Jr. • Dr. Jerry Lockhart • Bobby McRoy • Homer Miller Jr. • Mickey Ormond • John Rhodes • Bishop James Rogers • Benny Rose • Elgin Simpson • Mack Smith Jr. • Sam Smith • Willie Smith • Stevie Stowers • Henry Thomas • Chief Joey Tillmon • Roosevelt Toston • Ricky Towers • Charlie Troutman • Dr. Porter L. Troutman • Dr. Lawrence Weekly • Michael Willis • Macheo Willis • Lee Winston • Larry Wright

Hall of Honor

Lee White | Sports

Frank Hawkins | Business

Lonnie G. Wright | Education

Antonio Fargas | Entertainment

Chief Dave Washington | Community

Dan Napier | Gaming & Hospitality

Dana Napier | Gaming & Hospitality

Bishop Bill H. McDonnell Jr., D.D. | Faith

In Memoriam

Remembering these pioneers, and the many others who helped make a way.

William H. "Bob" Bailey • James Arthur "Jimmy" Gay III • Q. B. Bush • Louis Conner Sr. • Joe Louis • Dr. Charles I. West • Dr. James B. McMillan • Earl McDonald

Watch Their Stories

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Mr. Jaye Bookhart and his wife, Tricia Ann Bookhart

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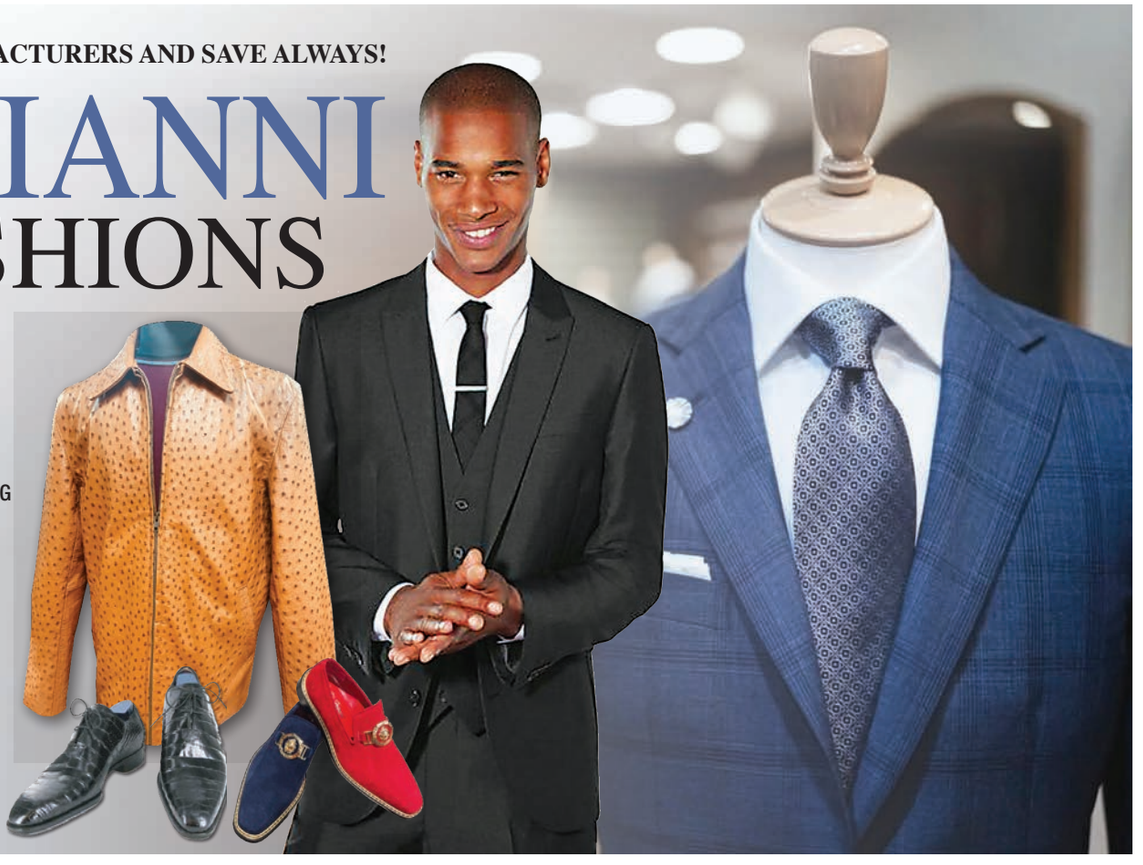
Jessica Vann and friends



Kara Jenkins, Sheryl Thornton-Burnham, Tanya Flanagan, and Jo Cato

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YOU! HAVE THE POWER

Sharing our flowers now

By Dr. Ellen W. Brown



November is National Family Caregivers Appreciation Month.

How many of you have heard about this? I had not, and I am grateful for the discovery that helped me narrow down this month's topic. In November 1997, President Bill Clinton issued a proclamation recognizing National Family Caregivers Week.

Are you a caregiver? Have you been one in the past? Is there a caregiver in your life? A dedicated caregiver, whether a woman or a man, can change attitudes, deepen understanding, and even transform lifestyles.

Caregiving is certainly not limited to women. I watched my husband attend to every detail when his mother became ill. He anticipated what the family needed to keep her comfortable and listened to the women in the family as he determined what to do next. I also watched my own father provide that same level of care for my mother when she became bedridden.

Well-Deserved Recognition

In November 1997, President Bill Clinton recognized National Family Caregivers Week. In 2024, President Joe Biden issued a proclamation recognizing November as National Family Caregivers Month, extending the recognition to a month-long observance.

Empowering Your Own Power

Women often establish the caregiving routines that become the foundation for providing support, but men are just as important. Together, we can develop a fuller understanding and appreciation of the unity that emerges when it is time to step up and do the work. Everyone's help is needed to achieve the best possible outcome!

Women often jump into action, ready to help. But consider situations in which families cannot provide all the extended care and attention a loved one needs. The Caregiver Action Network offers resources and support to help caregivers navigate these challenges.

Recognizing Who We Are as Caregivers

Women are often expected to become caregivers simply because they are women. However, anyone who cares can become a caregiver and make a meaningful difference. Men can be — and are — caregivers, too. Each of us has something valuable to share with someone who needs care and support.

Resources

Family members are often the first and primary source of support for loved ones who need care. That support can take many forms — including transportation, Meals on Wheels deliveries, medical assistance, and access to the valuable senior centers available in many communities.

Sharing strengthens our collective voice. We welcome your ideas, questions, and stories to enhance the Voice. Send to me at ebrown.nci@gmail.com

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KNIGHT MOVES

November Reign

By Craig Knight



November brings crisp air and a season of gratitude, reflection, and renewed momentum. It also invites us to turn that energy into action. Whether you're finalizing projects, preparing for the holidays, or simply enjoying hoodie-and-sweater weather, remember that this is a powerful time to align your intentions with the future you want to create.

In the Northern Hemisphere, November brings full-fledged autumn, while in the Southern Hemisphere, spring is beginning to bloom. Regardless of where you are, this seasonal transition symbolizes both letting go and embracing renewal.

Sports Are in Full Swing!

Our UNLV REBELS continue their pursuit of a bowl-bound season with grit and passion, while the NFL and LAS VEGAS RAIDERS battle it out on the gridiron. At this point in the season, every game counts! The GOLDEN KNIGHTS are skating strong into the NHL season, determined to bring another Stanley Cup to Las Vegas.

A huge shoutout to our LAS VEGAS ACES for an incredible 2026 season, despite being eliminated in the second round by Golden State. A'ja Wilson's historic fifth MVP award continues to inspire athletes across all sports. In my opinion, A'ja is more than a player — she's the face of the WNBA, the league's Michael Jordan, and the driving force behind a movement! BAM!

November Holidays and Observances

- November 11: Veterans Day: Honoring those who have served our country.
- November 26: Thanksgiving Day: A time to reflect, celebrate, and give thanks.

Monthly Awareness Recognitions

- Native American Heritage Month: Celebrating the rich cultures, traditions, and contributions of Indigenous peoples.
- Men's Health Awareness Month: Encouraging men to prioritize their well-being, from mental health to prostate cancer awareness.
- National Family Caregivers Month: Honoring those who selflessly care for loved ones.
- Diabetes Awareness Month: Raising awareness, recognizing the signs, and supporting those affected by diabetes.
- National Adoption Month: Highlighting the importance of adoption and its lasting impact on children and families.

As we gather with loved ones, cheer on our favorite teams, and find ways to give back, let's remember to be present and purposeful. November is more than a pause before the holiday season; it's an opportunity to reflect on how far we've come and recognize how much more we can accomplish.

Until the next edition of Knight Moves, keep moving forward, stay educated, and share the knowledge.

God Bless!



What do you want every political candidate to know after they are elected?



Cheria May

That they are still loved and appreciated. I hope they keep moving forward and always remember that self-care is not selfish.



Alexis Wilson Sr.

We as a people need real fighters for people's rights. There are a lot of issues that need to be addressed, such as mental health, homelessness, affordable housing, and daycare programs with a job. Some mothers and fathers can work mandatory programs for single mothers to get off welfare programs. Help for seniors without all the red tape for resources and passing the buck. The list goes on.



Andrew Thomas

I would like them to do as they say for the role expected of an "official." Making situations better in the community and helping the people live better lives. Protecting the children, because we know SIR DRU, the Knight of Vegas, loves the kids.



Louie Overstreet

I would like the elected candidates to know what every plumber knows: "S-t runs downhill, and payday is on Friday."



Michael Elliott

Once you're elected, remember who put you in office. You work for the people, not the other way around. Don't forget your community, don't ignore our concerns, and don't make promises you have no intention of keeping. We need action, accountability, transparency, and results, not speeches and photo opportunities. The real work begins after you win.



Flo Law

I would ask the elected candidates nothing. We the people need to use our leverage to get what we want. To summarize what Lawrence Weekly once said, we need to show up and support our Black leaders. Go to government meetings and take some responsibility for our votes beyond just voting.



Kathy Lattimore

Every political candidate should know we expect them to make good on their promises. We listen and hope we are making good decisions based on their campaign promises. I also expect to see them working in our communities. The midterm election is very important.



LaJuana Clark

I want the candidates to know we're done begging and crying for our community to have resources. They need to remember who they work for and stand behind those who are willing to bring the necessary resources into the community that they need. The homeless problem needs to be addressed. Safe spaces must be created for women and children, and putting them at the back of the agenda is no longer an option. They need to find funding to support community programs for the youth that will empower them and encourage them to be great.



Stephen Munford

People need a real voice in those elected seats, not just a voice for the wealthy and big corporations, especially when it comes to our Black elected officials. We need a Black Agenda with real goals and results, not just campaign pictures and cheerleading on Facebook. One thing I've been pushing for in Nevada is a statewide disparity study. States like California and even Republican-led states like Arizona have conducted disparity studies.

These studies provide hard data that can help document racial, ethnic, and other disparities.



Mary House

I would like every candidate to remember the people they serve and operate using Proverbs 31:9. Lastly, there are always those of us who will remember them in our prayers and request our God to protect and cover them, their households, and their staff, and give them the support they need to fulfill the assignment to help His people.

IN MEMORIAM

Dr. Katrina Rochelle Harris

Southern Nevada has lost a remarkable woman in Dr. Katrina Rochelle Harris, Ph.D., LCPC, a dedicated psychologist and fierce advocate for mental wellness affectionately recognized as a "She-Warrior."

Her compassion, commitment, and unwavering dedication to supporting individuals facing mental health challenges left a meaningful impact on the community she served. Her legacy of advocacy, care, and service will not be forgotten.

Dr. Harris will be deeply missed. Southern Nevada has lost a REAL ONE, and her contributions to mental wellness will continue to be remembered.









LIVING

Las Vegas Black Image presents LIVING, a section dedicated to celebrating the most creative ways to enjoy one's life through food, home, and the great outdoors.

"A House is a Home" **Home decor that brings light, love, and peace to your household, complements your lifestyle, and sparks a "living out loud" existence.**

"Planting Your Seeds" **Rejoicing through gardening, relaxation, or grounding oneself in nature.**

"Food for The Soul" **The most flavorful home-cooked recipes, with meals that will fill your loved ones' bellies, put smiles on their faces, and bring joy to their hearts.**

A HOUSE IS A HOME

Giving Thanks for Soulful Sounds

There's no mistaking when the holidays have arrived. The mouthwatering aromas coming from the kitchen bring smiles, laughter, and the warmth of family gatherings. Often, the cook is accompanied by the classic R&B sounds of yesterday, adding a little extra soul to every recipe.

When Aretha Franklin sings "I Say a Little Prayer" or the Isley Brothers' "Hello" fills the room, everyone knows Thanksgiving is going to be special. These timeless sounds have a way of bringing people together, creating memories that last long after the meal is over.

There's something heartwarming about the sound of those classic vinyl records that today's technology simply cannot duplicate. On Thanksgiving morning, let the old-school R&B play, the food simmer, and the love flow. After all, nothing makes a house feel more like home than good food, great music, and family gathered together.













PLANTING YOUR SEEDS

Fall Adventure at Las Vegas Buddie Farm







Good food and nature go hand in hand, and Las Vegas Buddie Farm offers families a wonderful opportunity to enjoy both. This inviting destination combines an outdoor farm experience with a farmers market featuring organic produce and other local offerings.

Visitors can enjoy the peaceful fall atmosphere while walking along pathways that bring them up close to a variety of animals, including llamas, goats, and sheep.

Guests can even feed some of the animals grass from their palms, making the experience especially enjoyable for children and families.

Before leaving, stop by the farmers market to explore offerings such as organic honey, sweet potatoes, and other fresh produce. Visitors can also enjoy lunch in the farm's rustic outdoor dining area.

Whether you're looking for a family outing, a connection with nature, or fresh ingredients for your next home-cooked meal, Las Vegas Buddie Farm offers a refreshing way to enjoy the season.

FOOD FOR THE SOUL

Mama's Cajun Potato Salad



Mama's Cajun potato salad is always a welcome addition to the Thanksgiving table. With its creamy texture, fresh vegetables, and just the right amount of Cajun heat, this flavorful side dish brings something special to the holiday meal.

INGREDIENTS

- Pink potatoes, washed and cut into -inch cubes (quantity as desired)
- 1 hard-boiled egg for every potato used
- Pink Himalayan salt and black pepper, to taste
- 2 teaspoons paprika
- 1/2 teaspoon cayenne pepper
- 1 teaspoon red pepper flakes
- 1 teaspoon garlic powder
- 1 teaspoon onion powder
- Mayonnaise, to taste (Duke's recommended)
- 2 tablespoons sour cream, or to taste
- 2 tablespoons whole-grain mustard, or to taste
- Fresh lemon juice, to taste
- 1 red onion, finely chopped
- 4 scallions, finely chopped
- 1 red bell pepper, diced
- Celery stalks, chopped
- Dill pickle relish, to taste
- 1 tablespoon fresh parsley, chopped

DIRECTIONS

1. Cook the potatoes. Wash and cut the potatoes into -inch cubes. Place them in a large pot and cover with water by about 1 inch. Add 1 tablespoon of salt to the water and bring to a boil over medium-high heat.

2. Simmer until tender. Reduce the heat to medium and cook for 20–25 minutes, or until the potatoes are easily pierced with a fork. Drain and allow them to cool.

3. Prepare the dressing. In a large mixing bowl, combine the mayonnaise, sour cream, whole-grain mustard, paprika, cayenne pepper, red pepper flakes, garlic powder, onion powder, and lemon juice. Stir in the chopped red onion, scallions, red bell pepper, celery, and dill pickle relish.

4. Combine the ingredients. Add the cooled potatoes and chopped hard-boiled eggs to the dressing. Gently stir until everything is coated.

5. Season and chill. Mash some of the potatoes and eggs for a creamier texture, leaving the rest chunky if desired. Add salt and black pepper to taste, then fold in the fresh parsley.

6. Let the flavors develop. Cover and refrigerate for one to two hours before serving.

Gather around the table, give thanks, and enjoy every bite. Happy Thanksgiving!

Hold it? Not so simple when you're pregnant

By Dr. Marguerite Brathwaite OB-GYN



Pregnancy brings many changes, some of them unexpected. One you probably saw coming is frequent trips to the bathroom.

Frequent urination is par for the course when you're growing a baby, but it isn't the only way pregnancy affects your bladder. As your uterus grows, it presses on your bladder, and your body begins making more of the hormone progesterone.

Frequent urination

As the uterus expands, it presses on the bladder and reduces how much urine the bladder can hold. That means you feel the urge to go more often.

Leaking urine

That same pressure pulls on your pelvic floor, the muscles that support your pelvic organs. The result may be urine leakage, a condition known as stress incontinence.

Infections

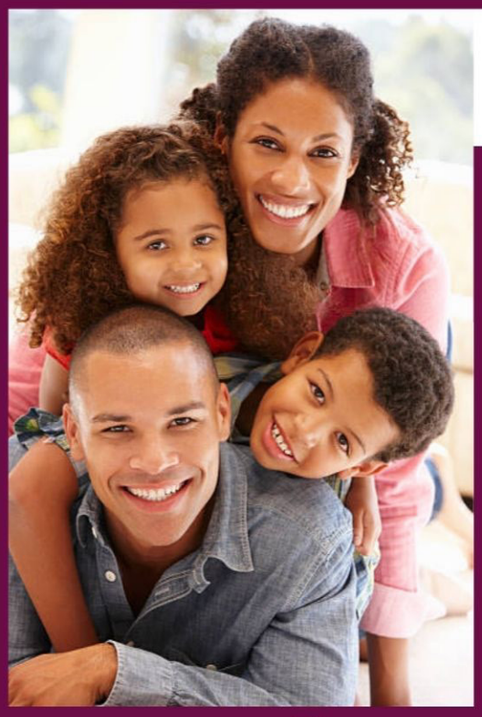
The physical and hormonal changes of pregnancy can raise your risk of urinary tract infections (UTIs) and kidney infections. Left untreated, these infections can cause complications such as preterm birth. To avoid that risk, doctors often test your urine for bacteria. If it's present, they may prescribe antibiotics even if you have no UTI symptoms.

Kidney stones

Kidney stones are uncommon during pregnancy, but when they occur, it's usually in the second or third trimester. A growing uterus can press on the urinary tract and slow drainage from the kidneys to the bladder. Pregnancy also increases calcium in the urine, which adds to the risk of stones.

Women's Innovative Care is committed to supporting healthy pregnancies and identifying potential complications as early as possible. Through compassionate care and advanced screening services, the team works closely with mothers-to-be to promote the best possible outcomes. For questions or concerns about pregnancy care, call (702) 413-7740 or visit 851 South Rampart Blvd., Suite 160, Las Vegas, NV.

Frequent urination is par for the course when you're growing a baby, but it isn't the only way pregnancy affects your bladder.



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Under the Glittering Lights

Becoming one with the elements

The iconic group Earth, Wind & Fire recently gave a magnificent performance at the Venetian Hotel and Casino. Known for magical stage shows and unmatched music, the group did not disappoint the packed house.

Hits included "Devotion," "September," and "Reasons," while a backdrop video traced the band's early beginnings. The showroom's impeccable sound system brought the music, and the band, vividly to life.





EWF original member Verdine White



EWF original member Ralph Johnson



EWF original member Philip Bailey



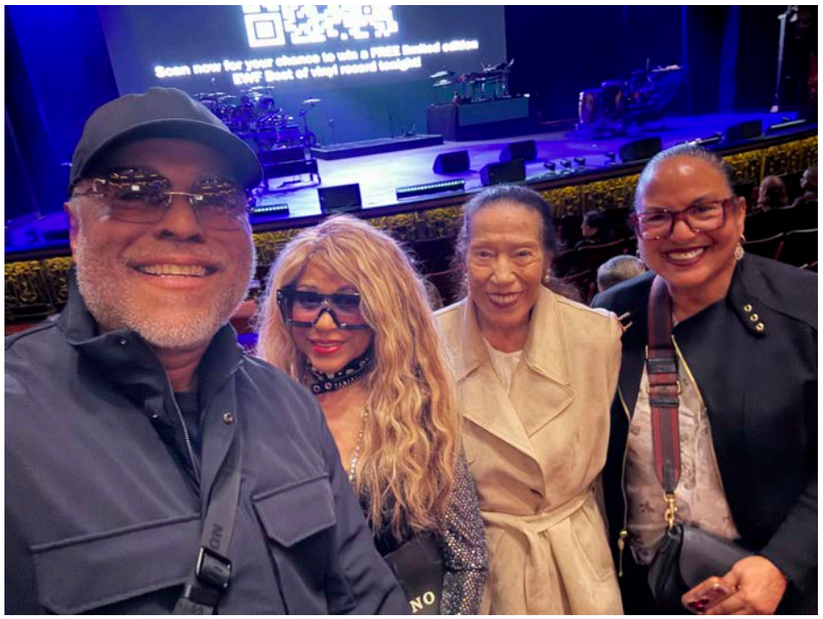
Verdine White



EWF's Verdine White plays his bass guitar

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Charles Tureaud, Shelley White, Anna Bailey, and Kimberly Bailey Tureaud



Members of EWF greet friends Rhonda Bedikian, Anna Bailey, Brandon Tureaud, and others backstage



Anna Bailey and Kimberly Bailey Tureaud

WISE Las Vegas Honors 2026 Women of Inspiration



Women in Sports and Events (WISE) honors Women of Inspiration in Southern Nevada

Women in Sports and Events (WISE) Las Vegas recently recognized women shaping the future of the sports and events industry at its fourth annual Women of Inspiration celebration at Fontainebleau Las Vegas.

Dr. Lisa Morris Hibbler of the Shaquille O'Neal Foundation was given the Woman of Inspiration Impacting Sports award; and Piper Overstreet-White of the Las Vegas Raiders received the Woman of Inspiration of the Year honor.



Publishers Charles Tureaud and Kimberly Bailey Tureaud

Could AI uncover the truth about Hazel Scott's place in American history?

By Claytee D. White



Adam Clayton Powell Jr. was born in November 1908, three years after Las Vegas was founded. In 1945, he became the first African-American from New York elected to the U.S. House of Representatives. He represented Harlem for almost three decades.

Powell followed his father into the ministry and eventually succeeded him as pastor of the famous Abyssinian Baptist Church. He became known for his fight for civil rights, focusing on rent strikes and employment opportunities for Black Americans.

But the reason for this article goes deeper. Powell's second wife was Hazel Scott, an entertainer who performed in Las Vegas. A jazz virtuoso and musical prodigy, Scott was trained by her mother, a classically trained pianist and music teacher. By the age of eight, Scott was studying at the Juilliard School of Music. Once her professional career began, she performed at Carnegie Hall, starred in films, and hosted her own television program, "The Hazel Scott Show." It is reported to have been the first television show hosted by a Black performer.

Scott performed during an era when audiences were segregated. She spoke out against discrimination, led an actors' strike, and took a restaurant to court for refusing to serve her. When she married Powell in 1945, they were a beautiful, powerful, and formidable couple. Scott was earning $75,000 a year at the time — equivalent to more than $1.4 million today.

During the Red Scare of the 1950s, Scott was blacklisted and worked in Paris for several years. The Red Scare was driven by fears of an internal communist threat. Senator Joe McCarthy of Wisconsin helped fuel those fears, contributing to the destruction of many careers, particularly in Hollywood. Scott was among the entertainers who testified before the House Un-American Activities Committee. Her television show was canceled the following week. She refused to be silenced.

In Paris, Scott moved among a community of American expatriates that included James Baldwin, Josephine Baker, numerous jazz musicians, and Quincy Jones, who traveled there in 1957 to study musical theory and composition. (Much later, our own artist, Chase McCurdy, studied art there!)

Here is the mystery: After hours of research, I still cannot establish where Hazel Scott performed in Las Vegas. Years ago, I found this information and remembered that one of her stage tricks involved playing two pianos simultaneously. After hours of searching last evening, I turned to artificial intelligence for an answer. This time, the response was different.

According to the information AI provided, Scott performed at the Hotel Last Frontier in the early 1950s. The account went on to state that, in a 1952 interview with Jet magazine, Scott recalled being allowed to swim in the hotel's pool, only to have management close it immediately for re-chlorination.

Do you believe that? Why does that statement sound suspiciously convenient? And, perhaps most importantly, can we trust AI as a source for our history?

And, perhaps most importantly, can we trust AI as a source for our history?

Senior Moment

Nehemiah Ministries invites seniors to a free December 5 community giveaway featuring 30,000 pounds of resources to support older adults and the community.

Nehemiah Ministries Christian Church, in partnership with World Vision and the Home Mission Department of the National Baptist Convention, USA, Inc., invites senior citizens to its Free Community Giveaway on Saturday, December 5, 2026, from 9 a.m. to noon, at 3606 N. Rancho Drive, Suite 144, Las Vegas, NV 89130.

The event will include 24 pallets totaling 30,000 pounds of resources, offering seniors an opportunity to receive useful items that can help stretch household budgets during the holiday season. Older adults living on fixed incomes, grandparents caring for grandchildren, and seniors seeking everyday essentials are especially encouraged to attend.

Items may include household supplies, small appliances, tools, clothing, technology, beverages, pet items, and toys. Available selections will depend on the inventory received; specific items are not guaranteed.

Through this partnership, Nehemiah Ministries and its partners are working together to connect community members with essential resources and compassionate support.

Under the leadership of Rev. Dr. Kelcey A. West, Senior Pastor, Nehemiah Ministries continues its commitment to serving neighbors and addressing practical needs throughout the Las Vegas community.

Senior centers, retirement communities, caregivers, and local organizations serving older adults are encouraged to share this invitation with their residents, members, and families.

EVENT DETAILS
What: Free Community Giveaway
When: Saturday, December 5, 2026
Time: 9 a.m.–noon
Where: Nehemiah Ministries Christian Church, 3606 N. Rancho Drive, Suite 144, Las Vegas, NV 89130



Pastor Kelsey West and his wife

Happy Birthday, Dear Kelvin

The Chocolate City Cigar Lounge was the place to be for Kelvin Watson's birthday celebration. In honor of his Kappa Alpha Psi fraternity, the guest of honor wore all red and greeted more than 200 well-wishers.

Live R&B favorites filled the lounge, and the crowd got a surprise when award-winning singer Adina Howard performed her worldwide hit "Freak Like Me."

Guests enjoyed Chocolate City's food and drinks, along with a red birthday cake.



UNLV's Keith Rogers and Kelvin Watson



Kelvin Watson celebrates his birthday with friends



Urban Chamber of Commerce President Christopher Shelton and friends



Everyone enjoyed Watson's Chocolate City birthday celebration



R&B songstress Adina Howard was the surprise guest at Chocolate City

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Southern Nevada Regional Housing Authority Takes Part in Nonprofit Summit

The Southern Nevada Regional Housing Authority (SNRHA) was proud to take part in the 2026 Southern Nevada Nonprofit Summit, presented by Nevada Grant Lab at Wynn Las Vegas.

Kathi Thomas joined the panel entitled "Place as a Platform for Impact: Building Stronger Communities through Place-Based Leadership." She shared how housing and community-centered partnerships can strengthen neighborhoods and expand opportunity for the people served by SNRHA.



Southern Nevada Regional Housing joins the Non-Profit Summit 2026

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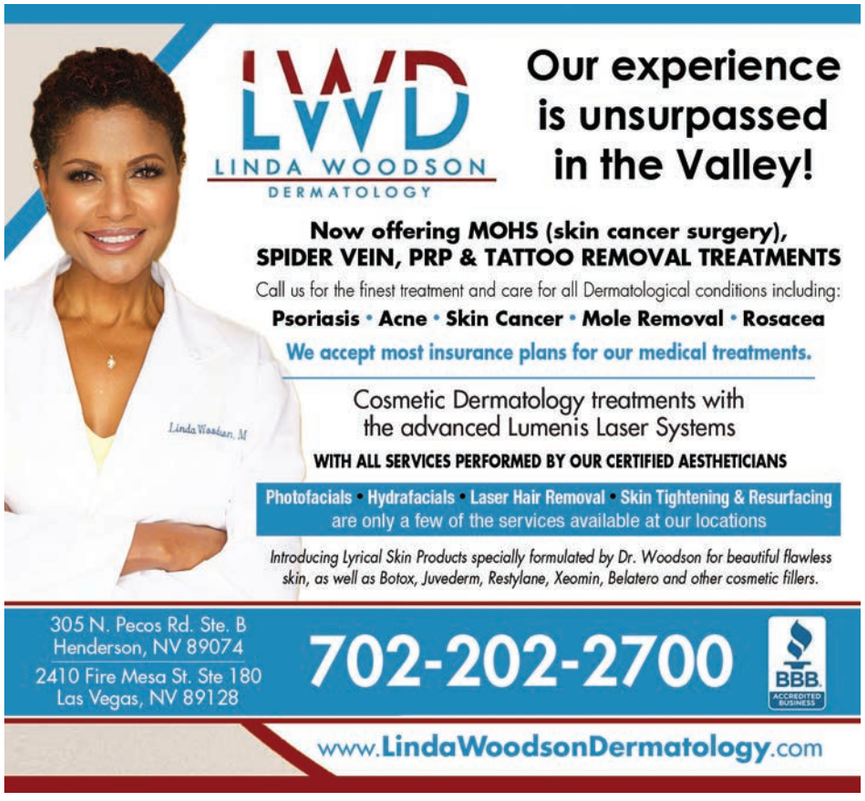
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Director Kelvin Watson and publisher Kimberly Bailey Tureaud



Trail Head

The Avery Burton Foundation's 6th Annual Hike 'N' Heal event combines movement, connection and practical mental-health awareness

The Avery Burton Foundation will host its 6th Annual Hike 'N' Heal on Saturday, Nov. 14, from 10 a.m. to noon at the Historic Railroad Trail near Lake Mead, bringing community members together for an outdoor experience focused on movement, connection and mental-health awareness.

The free event is designed to create an accessible space where participants can connect with one another while learning practical ways to support mental well-being in their families, workplaces and communities.

Participants will also be introduced to the Avery Burton Foundation's Recognize, Respond and Refer framework, which encourages people to recognize signs that someone may be struggling, respond with empathy and support, and refer them to appropriate resources when needed.

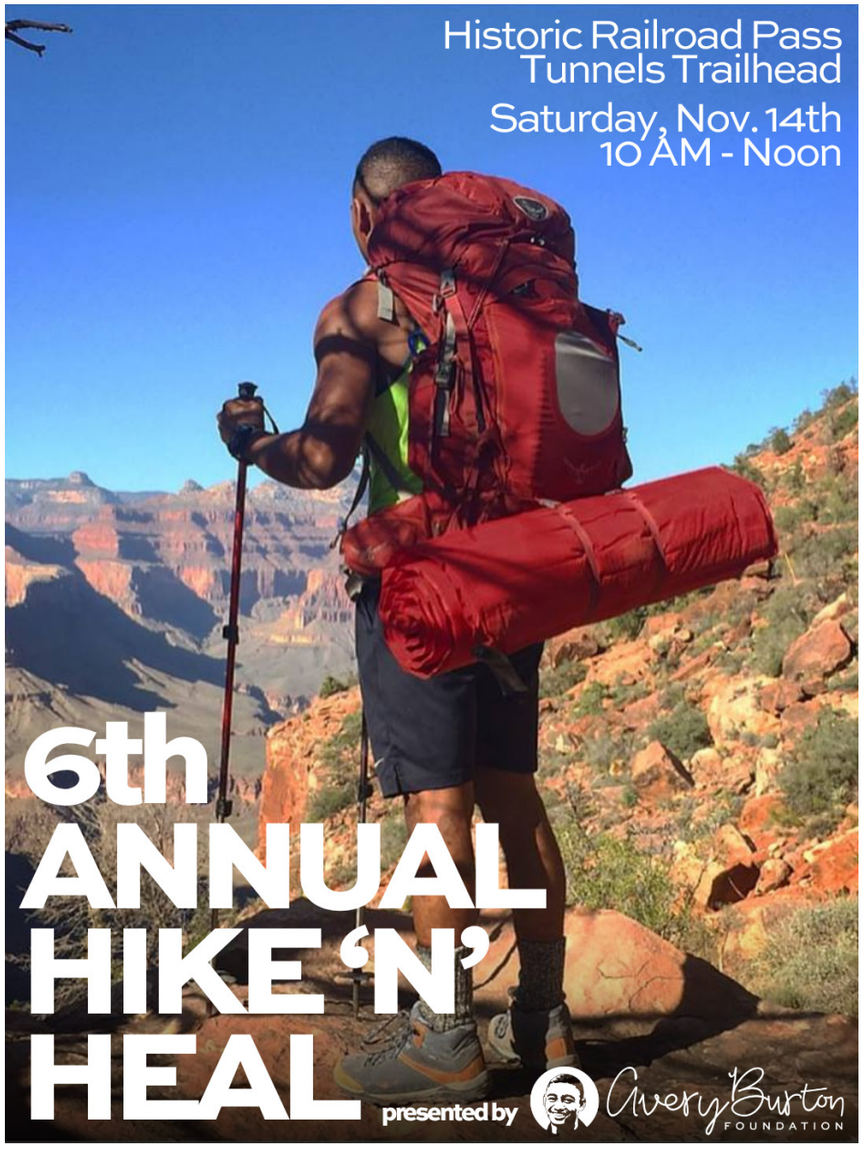
"Hike 'N' Heal is about reminding people that supporting mental health doesn't always begin in a clinical setting. Sometimes it begins with a conversation, a walk alongside someone or simply knowing how to recognize when a person may need support," said Ashley Dodson, board member of the Avery Burton Foundation. "We want people to leave feeling more connected, more confident and better prepared to be a Mental Health Champion for someone in their life."

The event will take place along the Historic Railroad Trail within Lake Mead National Recreation Area. Once part of a railroad system used to transport materials during construction of Hoover Dam, the trail now provides hikers and cyclists with scenic views of Lake Mead, Boulder Basin and several historic railroad tunnels.

Hike 'N' Heal reflects the Avery Burton Foundation's broader mission to strengthen mental-health awareness and build communities of people equipped to recognize, respond and refer when someone may be experiencing a mental-health challenge.

Participation is free, but advance registration is required and space is limited. Registered participants will receive event information, including parking and preparation guidance, before the hike.

Event Details
What: Avery Burton Foundation 6th Annual Hike 'N' Heal
When: Saturday, Nov. 14, 2026, 10 a.m.–Noon Where: Historic Railroad Trail, Lake Mead National Recreation Area Cost: Free; advance registration required
Registration: https://www.eventbrite.com/e/avery-burton-foundation-6th-annual-hike-n-heal-tickets-2002977764412



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Bob Bailey, the Moulin Rouge's master of ceremonies and a television pioneer, showed me what a Black man in this city could be: gifted, educated, dignified and determined. His example stayed with me. When I look at our honorees, I see men who became that example for someone else. That is how a legacy passes from one generation to the next.

Entertainers drew audiences; workers helped make their visits memorable. Their service helped build the city's reputation for hospitality.

Our honorees carry that story forward. Hall of Honor recipient Chief Dave Washington became the city's first Black fire chief in 2001. Others advanced education, business, faith, military service and hospitality.

Behind their accomplishments were families to support, children to raise and sacrifices rarely reflected in a professional title. Breaking a barrier meant someone else might have a better chance of walking through the door.

This November, as we honor military veterans and gather in thanksgiving, we recognize service in its many forms. We salute those who served our country, strengthened our neighborhoods and taught younger generations how to persevere.

Our responsibility continues beyond the Summit. Flowers Filmworks, led by Kim Flowers and Mel Jackson, is recording these men's stories, with Kim conducting the interviews. We are preserving their wisdom online so families and future generations can learn from the people behind this city's progress.

Giving thanks begins with recognition. It continues when we listen, preserve what we learn and pass it forward.

These men helped make a way. Let us make sure the generations coming behind them know it.

Subscribe to The Golden Legacy 50 Network on YouTube and learn more at GoldenLegacy50.com. Editorial development and refinement by Mel Jackson, Marguerona Value Partners.



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